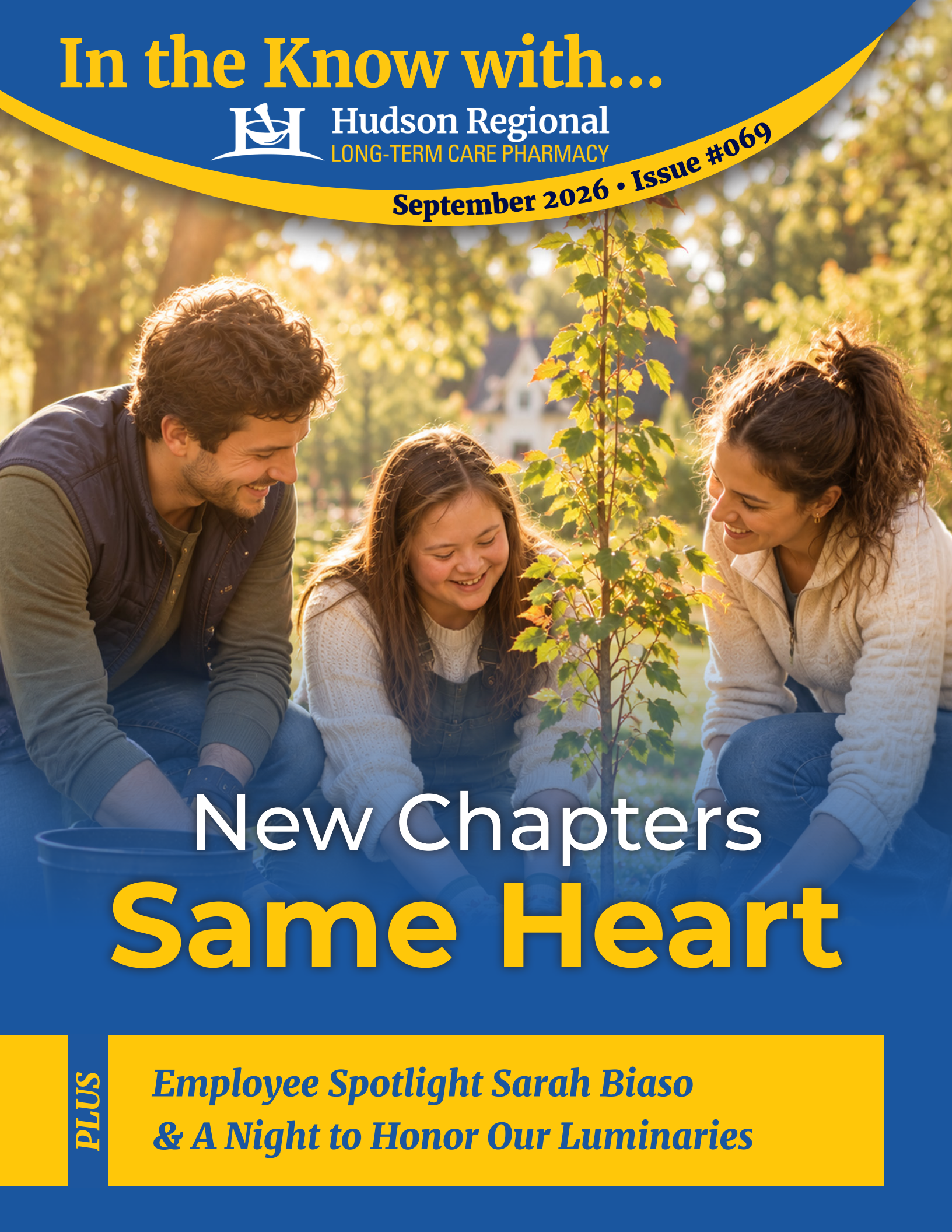


In the Know with...



Hudson Regional
LONG-TERM CARE PHARMACY

September 2026 • Issue #069



New Chapters Same Heart

PLUS

*Employee Spotlight Sarah Biaso
& A Night to Honor Our Luminaries*

Employee Spotlight

Sarah Biaso,

Director of Operations &
Incoming Pharmacy President



This year marks fifteen years at Hudson Regional LTC Pharmacy for Sarah Biaso, and it comes with a brand new title. After years leading our operations, Sarah is stepping into the role of Pharmacy President. As she sees it, the new role is less about her and more about the team she gets to keep building.

"It's really amazing being able to be a part of a team that is in the business of Saving, Improving, and Extending lives. I feel very lucky to have worked closely with the IDD community at Hudson Regional. The relationships you build are so incredibly special and every day you celebrate their little victories and share their happiness. Nothing really compares to that."

"Moving into this position I feel is less of a promotion & more a collective. We all get to work together to continue doing what we are doing. I really appreciate Angelo's confidence in me."

Outside the Pharmacy

Sarah has been to more than 200 concerts, and roughly 100 of them were Dave Matthews Band. She also loves to travel, has visited a couple of different countries, and is already planning a trip to Egypt next June.

A Note From Angelo

"Sarah really embodies all of our core qualities: Care, Compassion, and Commitment."

Congratulations, Sarah. We cannot wait to see what this next chapter brings.

Her proudest moments? After fifteen years there are plenty, but helping two other pharmacies open sits near the top, including being part of Kinexion LTC Pharmacy from the very beginning, from an idea all the way to opening day.



A LETTER FROM THE CEO

A New Chapter **At Hudson**

Every organization reaches moments that ask it to look ahead. For Hudson Regional, this is one of them.

I am beginning a transition of my own, and I am proud to share that Sarah Biaso will be stepping in as President of Hudson Regional LTC Pharmacy.

If you have worked with us at any point over the past fifteen years, chances are you have worked with Sarah. She has been part of nearly every chapter of this pharmacy's story. She knows our agencies, she knows our team, and most importantly, she knows the people we serve. I cannot imagine a better person to carry this work forward.

A transition like this one is not really about one person stepping back and another stepping in. It is about continuity. The relationships you have built with our team, the nurse consultants you know by name, and the way we show up for your agencies and the individuals in your care will not change. If anything, they will grow stronger under a leader who has spent so many years learning this community from the inside.

As I begin to step back, what I feel most is gratitude. This community has given me more than I could ever repay, and it has been the privilege of my career to be a part of it.

To our partners, families, and friends, thank you for the trust you have placed in us. It is the foundation everything else is built on, and I know it is in good hands.



***Yours in Health,
Angelo Angerame***

**CEO, Hudson Regional
Long Term Care Pharmacy**

Have an event coming up? We want to be there.
info@hrltcp.org • 845.341.2700 • www.hrltcp.org

COMMUNITY EVENTS

What's Coming Up

Fall is filling up fast, and we want to be there for all of it. Here is what is happening across the community. If you have an event coming up, we want to support it! Please email Angelo directly with any details at aangerame@hrltcp.org.



A Proud Moment for Our CEO

Distinguished Alumni Award

Date: Reunion Weekend, October 2 & 3, 2026

Location: Albany College of Pharmacy and Health Sciences

Angelo Angerame, a 1983 graduate of Albany College of Pharmacy, will receive the Distinguished Alumni Award during the college's Reunion Weekend celebration in Albany. It is the highest honor ACPHS awards to an alumnus, recognizing a lifetime of career accomplishment, meaningful community impact, and contributions to the profession.

Angelo's career has spanned retail, hospital, and long-term care pharmacy, consulting, and pharmacy leadership, including serving as President of the Pharmacists Society of Orange County. Congratulations, Angelo!

Scan the QR code for more info!



CRSI 2026 Pasta Bowl: Creating Endless Pastabilities

Community Resources Staten Island (CRSI)

Date: Thursday, October 8, 2026, 6:00 to 9:00 PM

Location: Community Resources Staten Island, 3450 Victory Blvd., Staten Island, NY 10314

Founded by parents in 1953, CRSI creates opportunities for people with intellectual and developmental disabilities or autism spectrum disorder to reach their highest level of independence and potential. The Pasta Bowl brings everyone to the table for a good cause, with funds raised going directly to support the individuals CRSI serves.

Scan the QR code for tickets or visit crsi.givevirtuous.org/Event/crsi-2026-pasta.

Scan the QR code for more info!



34th Annual Wine Tasting & Auctions

Greystone Programs

Date: Sunday, October 11, 2026

Location: Milea Estate Vineyard, 450 Hollow Rd, Staatsburg, NY 12580

Greystone's largest fundraiser of the year pairs Hudson Valley wines and food from local chefs with live and silent auctions and an art showcase featuring work from individuals Greystone supports. This year's event honors Geraldo Rivera.

Visit greystoneprograms.org/winetastingandauctions, email development@greystoneprograms.org, or call 845-452-5772.

Scan the QR code for more info!



The Catskill Cup / Bill Volpe Golf Tournament

The Arc Greater Hudson Valley Foundation

Date: Tuesday, October 20, 2026

Location: West Hills Country Club, 121 Golf Links Rd, Middletown, NY 10940

Sullivan County's favorite tournament heads to Orange County for the first time this year. Registration runs from 8:30 to 10:00 AM, and the \$345 player fee covers greens, cart, breakfast, lunch, dinner, open bar, and more.

Scan the QR code to register or sponsor, or contact Erin Johnson at ejohnson@arcghvny.org or 845-513-5720.

Scan the QR code for more info!



New Horizons Resources' 42nd Annual Invitational Golf Tournament

New Horizons Resources

Date: Wednesday, October 21, 2026

Location: The Powelton Club, 29 Balmville Rd, Newburgh, NY 12550

Check-in is at 9:00 AM with a 10:00 AM shotgun start, followed by a cocktail hour from 3:00 to 4:00 PM and dinner, raffle, and prizes from 4:00 to 5:00 PM. Registration is \$300 per player, and dinner-only tickets are \$100.

Scan the QR code to register, or contact Dottie Denunzio at ddenunzio@nhrrny.org or 845-473-3000 x1322.

Scan the QR code for more info!



Back to School, Up to Date

Buses are rolling, routines are settling in, and fall is officially here. It is also the perfect time to make sure everyone is up to date on their vaccines.

School Requirements for 2026-27

All children must be age-appropriately immunized to attend school, students in ungraded classes follow the requirements for their age-equivalent grade, and only medical exemptions are accepted.

Required vaccines include:

- DTaP/Tdap, including a Tdap booster for grades 6 through 12
- Polio
- MMR (measles, mumps, and rubella)
- Hepatitis B
- Varicella (chickenpox)
- Meningococcal (MenACWY) for grades 7 through 12
- Hib and PCV for pre-K and child care

See the full NYS Department of Health chart at health.ny.gov/publications/2370.pdf.

Fall Respiratory Vaccines

On September 10, the New York State and New York City health departments endorsed this season's recommendations:

- Flu: everyone 6 months and older

- COVID-19: most people 6 months and older, especially those at higher risk
- RSV: all adults 75 and older, adults 50 to 74 at increased risk, pregnant people, and infants

People with certain health conditions, like asthma, diabetes, or heart or lung conditions, face a higher risk from respiratory illness, which makes fall vaccines especially important for many of the individuals we support.

Don't Forget the Team

Direct support professionals, nurses, and house staff are part of the circle of protection too. When staff stay current on their flu and COVID-19 vaccines, they help protect the people in their care, especially individuals who may not be able to tell someone when they are starting to feel unwell.

A Quick Fall Checklist

- Review each person's immunization record and note anything coming due
- Make sure school health forms are complete for students returning to class
- Talk with each person's physician about which fall vaccines are right for them
- Document vaccines according to your agency's protocol

Questions about vaccines and medications? Our pharmacy team is happy to help. Reach us at info@hrltcp.org or 845.341.2700.

COMMUNITY SPOTLIGHT

A Night to Honor

Our Luminaries

On Tuesday, September 29th, The Arc Greater Hudson Valley held its Annual Meeting and Awards Reception at Winding Hills Country Club in Montgomery, and it was a special night for the Hudson Regional family.

Our CEO, Angelo Angerame, was honored with the Luminary Award. He shared the stage with two more familiar faces, fellow Luminary Award recipients Dawn Blades, one of our amazing RN Consultants, and her son, Jarriid Blades.

Luminary Award: *Angelo Angerame*

Luminary Award: *Dawn Blades*

Luminary Award: *Jarriid Blades*

A Hot Dog Stand of Their Own

The award recognized their work on a project with the guys at Woodbourne, helping them set up their very own hot dog stand. It is exactly the kind of project we love being part of: a great idea, plenty of teamwork, and the Woodbourne Crew at the center of it all.

At Hudson, we love every second of being able to work with the amazing people in our community. Thank you to The Arc Greater Hudson Valley for the recognition, and congratulations to Andrew Kessler, this year's Starlighter Award recipient, and to all of the evening's honorees.

If you are in the neighborhood, stop by and grab a delicious glizzy from the Woodbourne Crew!



Switching Long Term Care Pharmacies Can Seem Daunting.

We understand that if your facility is at a place to make the move, things aren't going the way they should be. Our team members are experts at prescription transferring, facility/pharmacy transitioning, training, and ensuring your pharmacy needs are met with excellence and consistency.

These are improvements your facility will notice when making the switch to Hudson Regional LTC Pharmacy.

There is no delay.

Your residents will receive their prescriptions when needed and on time.

A friendly voice.

We listen to your problems and do our best to solve them immediately.

LTC nurses can focus on patient care, not pharmacy issues.

We want your medical staff to do what they do best, care for patients. Your nursing administration staff shouldn't have to worry about pharmacy problems or worry if prescriptions will be delivered.

Positive pharmacy experience.

Our team is here to serve your facility, your staff, and your residents. It's hard to put a value on excellent care until you don't have it.

Staff time is spent with residents.

We don't want your staff stuck on the phone trying to figure out where Medication Administration Records are, or when you will receive them. You can count on MARs to show up the same day every month with Hudson Regional LTC Pharmacy.

Training Provided

We know the process of reordering medications can be burdensome. That's why we supply all of our new facility partners with an ample amount of training on our web portal to fit your needs. Here's what you can expect during the training process:

- Connecting our nurse consultants with your agency's nurses and staff on a Zoom call to introduce one another and the web portal.
- Weekly, monthly, or as-needed trainings.
- A training manual with detailed step-by-step directions of the web portal.
- Access to our nurse consultants and team to troubleshoot any questions.

With Hudson Regional LTC Pharmacy's Web Portal, reordering medications can be done in only 15 minutes each week!

Call Us Today to Discover the Difference in Your Pharmacy Care.

▶ **(845) 341-2714**



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LONG-TERM CARE PHARMACY

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