

In the Know with...



Hudson Regional
LONG-TERM CARE PHARMACY

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Cruising Into Fall

PLUS

*Meet Lottie Jones
& Upcoming Community Events*

Employee Spotlight

Lottie Jones,

Medical Records Coordinator



For twelve years, Lottie Jones has been part of the Hudson Regional team, and her enthusiasm for the work has not faded one bit.

As Medical Records Coordinator, Lottie spends her days deep in the details, sorting through records, working directly with facilities, and making sure medications line up the way they should.

"I enjoy doing the medical records, interacting with the facilities, straightening out their medications. I just really enjoy it."

Outside the Pharmacy

When she is not at Hudson Regional, Lottie is usually camping or out at a car show. She has a real soft spot for older cars, especially ones from the 1970s and 80s. Right now she is slowly bringing a 1973 Plymouth Road Runner back to life. It is not quite roadworthy yet, but she says it is getting there. Before the Road Runner, she owned a bubblegum pink 1972 Barracuda.

"Working in the ID/DD community is amazing. The entire community is so kind, and interacting with everyone is always a great experience."

Thank you, Lottie. Twelve years in, and the Hudson Regional team is still better because you are in it.





A LETTER FROM THE CEO

Here's to a **Full Summer**

Last month we shared the news that our sister pharmacy, Kinexion LTC Pharmacy, had officially opened its doors in Port Jefferson Station. One month in, and I could not be more proud of what Glenn Schiotis and his team have built.

The welcome from the Long Island community has been everything we hoped for. Agencies have been generous with their patience as a new team found its footing, families have been kind, and Glenn's staff have brought the same warmth and dedication that has always defined this organization. Watching a new pharmacy come into its own is not something we get to experience often, and it has been a genuine joy to see.

Congratulations again to Glenn and the entire Kinexion team on a first month well done. Here is to many more.



***Yours in Health,
Angelo Angerame***

**CEO, Hudson Regional
Long Term Care Pharmacy**

Have an event coming up? We want to be there.
info@hrltcp.org • 845.341.2700 • www.hrltcp.org

COMMUNITY EVENTS

What's Coming Up

There are some amazing events on the calendar this summer and fall, and we want to be there for all of it. Here is what is happening across the community.

If you have an event coming up, we want to support it! Please email Angelo directly with any details at aangerame@hrltcp.org



IGHL's 36th Annual Golf Outing

Independent Group Home Living (IGHL)

Date: Monday, September 14, 2026

Location: Westhampton Country Club

IGHL has provided services to people with intellectual disabilities across Suffolk County for over 40 years. Their annual golf outing at the prestigious Westhampton Country Club is one of the community's most beloved events, raising funds that go directly toward residential, day habilitation, and family support programs.

Scan the QR code to register or sponsor, visit ighl.org/posts/view/Golf-36, or contact Jeremy Grand at JGrand@ighl.org or 631-878-8900 ext. 1392.

Scan the QR code
for more info!



The Annual Jim Lawler Classic

Crystal Run Village Foundation

Date: Tuesday, September 29, 2026

Location: West Hills Country Club, 121 Golf Links Road, Middletown, NY

Named for James "Jim" Lawler, this tournament honors his legacy. The day runs from registration and breakfast at 8:30 AM through a shotgun start at 10:00 AM, BBQ lunch on the turn, and cocktails, hors d'oeuvres, and an awards ceremony from 3:00 to 5:00 PM. Individual golfer spots start at \$250, with sponsorship packages available up to \$15,000. Proceeds support the Arts Program of ADAPT of the Hudson Valley.

Scan the QR code, visit www.crvfdn.org/golf, or reach out to admin@crvfdn.org or 845-421-5648.

Scan the QR code
for more info!



EEDA Golf Outing

East End Disability Associates (EEDA)

Date: Monday, October 5, 2026

Location: Westhampton Country Club

East End Disability Associates has served individuals with developmental disabilities on the East End of Long Island since 1992, founded by parents who believed every person deserves access to quality education, medical care, and community life. Their golf outing supports programs serving over 750 individuals across the East End.

For registration and sponsorship details, contact EEDA directly at info@eed-a.org or 631-369-7345

Scan the QR code for more info!



The Catskill Cup / Bill Volpe Golf Tournament

The Arc Greater Hudson Valley Foundation

Date: Tuesday, October 20, 2026

Location: West Hills Country Club, 121 Golf Links Rd, Middletown, NY 10940

Sullivan County's beloved annual tournament is heading to Orange County for the first time this year, taking over the exclusive West Hills Country Club. Registration is \$345 per player, covering greens, cart, breakfast, lunch, dinner, open bar, beverages on course, t-shirts, balls, tees, and more. Prize flights for Championship and Second Flight. Registration opens 8:30 to 10:00 AM.

Scan the QR code to register, or contact Nicole Morris at nmorris@arcghvny.org or 845-513-5720.

Scan the QR code for more info!



New Horizons Resources' 42nd Annual Invitational Golf Tournament

New Horizons Resources

Date: Wednesday, October 21, 2026

Location: The Powelton Club, 29 Balmville Rd, Newburgh, NY 12550

New Horizons Resources has been a staple in the community for decades, and their annual Invitational is one of the most anticipated events of the year. Check-in is at 9:00 AM with a shotgun tee-off at 10:00 AM, lunch at the turn, cocktail hour from 3:00 to 4:00 PM, and dinner, raffle, and prizes from 4:00 to 5:00 PM. Registration is \$300 per player and includes continental breakfast, lunch, golf, cocktail hour, and dinner. Dinner-only tickets are available for \$100.

Scan the QR code to register, or contact Dottie Denunzio at ddenunzio@nhrny.org or 845-473-3000 x1322.

Scan the QR code for more info!



Staying Ahead of the Heat

Late summer brings some of the best days of the year, and also some of the toughest conditions for the people we support. A few reminders worth keeping close as August winds down.

Hydration

Dehydration can set in quickly, especially for individuals who cannot easily communicate thirst or discomfort. Some medications, including diuretics and certain psychiatric medications, can affect thirst response or fluid balance, so knowing each person's profile matters.

- Offer water regularly throughout the day, not just when someone asks for it
- Watch for dry mouth, dark urine, fatigue, or dizziness as early warning signs
- Log fluid intake according to each person's care plan
- Notify the RN if signs of dehydration appear or persist

Sun Protection

Skin damage from UV exposure can happen in as little as fifteen minutes, even on overcast days. Certain medications increase sun sensitivity, which makes protection especially important.

- Apply SPF 30+ sunscreen fifteen to thirty minutes before heading outside
- Reapply every two hours, or more often during swimming or activity
- Hats and UV-protective eyewear add an extra layer of protection

- If a burn occurs, notify the RN; contact the physician if blistering develops

Air Quality

Late summer can bring stretches of poor air quality from ozone or drifting wildfire smoke. Individuals with asthma, COPD, or other respiratory conditions are especially sensitive to these shifts.

- Check local air quality index readings at airnow.gov before planning outdoor activities
- On orange or red alert days, move activities indoors when possible
- Keep rescue inhalers and prescribed respiratory medications accessible
- Watch for coughing, wheezing, or shortness of breath and notify the RN promptly

Questions about summer health and safety? OPWDD's Bureau of Nursing and Health Services is available at nursingandhealthservices@opwdd.ny.gov. Our pharmacy team is also happy to help with any medication-related questions.



Full Circle for Greystone Programs

Greystone Programs got its start in 1979 as the first community-based provider for individuals with autism in New York State, and a grant from the One to One Foundation, started by Geraldo Rivera, helped get it off the ground. Today, Greystone serves several hundred children, adults, and families across the Mid-Hudson Valley through residential, day, employment, and expressive arts programs from its home base in Hopewell Junction.

This year's Wine Tasting & Auctions, Greystone's largest fundraiser of the year, will honor Geraldo Rivera himself. It feels like a fitting way to mark the connection between his early support and the organization it helped become.

Angelo actually crossed paths with Geraldo earlier this summer at Life's WORC's golf classic, where the two spoke about the foundation's early role in Greystone's history.

34th Annual Wine Tasting & Auctions

Date: Sunday, October 11, 2026

Location:

Milea Estate Vineyard, 450 Hollow Rd, Staatsburg, NY 12580

The afternoon includes curated wine tastings from Hudson Valley vineyards, food from local chefs, live and silent auctions, and an art showcase featuring work from individuals Greystone supports.



For tickets or sponsorship information, scan the QR code, visit greystoneprograms.org/winetastingandauctions, email development@greystoneprograms.org, or call 845-452-5772.



Switching Long Term Care Pharmacies Can Seem Daunting.

We understand that if your facility is at a place to make the move, things aren't going the way they should be. Our team members are experts at prescription transferring, facility/pharmacy transitioning, training, and ensuring your pharmacy needs are met with excellence and consistency.

These are improvements your facility will notice when making the switch to Hudson Regional LTC Pharmacy.

There is no delay.

Your residents will receive their prescriptions when needed and on time.

A friendly voice.

We listen to your problems and do our best to solve them immediately.

LTC nurses can focus on patient care, not pharmacy issues.

We want your medical staff to do what they do best, care for patients. Your nursing administration staff shouldn't have to worry about pharmacy problems or worry if prescriptions will be delivered.

Positive pharmacy experience.

Our team is here to serve your facility, your staff, and your residents. It's hard to put a value on excellent care until you don't have it.

Staff time is spent with residents.

We don't want your staff stuck on the phone trying to figure out where Medication Administration Records are, or when you will receive them. You can count on MARs to show up the same day every month with Hudson Regional LTC Pharmacy.

Training Provided

We know the process of reordering medications can be burdensome. That's why we supply all of our new facility partners with an ample amount of training on our web portal to fit your needs. Here's what you can expect during the training process:

- Connecting our nurse consultants with your agency's nurses and staff on a Zoom call to introduce one another and the web portal.
- Weekly, monthly, or as-needed trainings.
- A training manual with detailed step-by-step directions of the web portal.
- Access to our nurse consultants and team to troubleshoot any questions.

With Hudson Regional LTC Pharmacy's Web Portal, reordering medications can be done in only 15 minutes each week!

Call Us Today to Discover the Difference in Your Pharmacy Care.

▶ **(845) 341-2714**



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LONG-TERM CARE PHARMACY

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