

In the Know with...



Hudson Regional
LONG-TERM CARE PHARMACY

June 2026 • Issue #066



Out in the Community

PLUS

Staying Safe This Summer

& Eden II & Genesis Foundation 50 Years. One Incredible Day.

Employee Spotlight

Kelly Maurer,

Data Entry Supervisor & DME Specialist

Kelly Maurer has a natural way of making people feel like they know what they are doing, even when they are just learning the ropes. As Data Entry Supervisor and DME Specialist at Hudson Regional LTC Pharmacy, she has built her role around one of her favorite things: helping people figure things out and watching it click.

“Teaching people the ropes and seeing it come together for them— that is genuinely satisfying. I have a great team and working with them every day makes me feel good about being here.”

Outside the Pharmacy

Away from work, Kelly bakes. She loves it, and she is always making something to bring in and share with the team at the pharmacy. She has also started doing local venues with her homemade goods, which she says just took on its own life from there.

She also knits, which she describes as genuinely calming, something she reaches for when she wants to slow down and settle in. One of her favorite things to do outside of work is go to concerts. Her son is in a band, and Kelly shows up every chance she gets. “Going out and supporting him is something I really treasure,” she says.

Thank you, Kelly. The Hudson Regional team is better because you are in it.





A Letter From **The CEO**

Summer tends to have its own momentum. The calendar fills up fast, agencies are planning outings, events are going on the books, and the people we all care about are out in the world doing what they love. That energy is something we want to be a part of, and this month I want to talk about that directly.

Being a good pharmacy partner means more than filling prescriptions accurately and delivering on time. It means showing up. Literally. We want to be at your events, walk your fundraising golf courses, attend your galas, and be present in the community spaces where you do your most important work. Building real relationships with the agencies and organizations we serve is not something that happens over email. It happens face to face, and we take that seriously.

That is where you come in. If you have an event coming up this summer or later in the year, tell us about it. We want to know. We want to come support it, help promote it, and stand alongside the people making a difference in this community every single day. Reach out and let us show up for you the way you show up for the individuals in your care.

We are always looking for more ways to be involved, more events to attend, more organizations to learn from, and more relationships to build. If there is something happening in your corner of the community that you think we should know about, please do not hesitate to reach out. Our door is always open.

Summer comes once a year. Let's spend it well, together.



***Yours in Health,
Angelo Angerame***

**CEO, Hudson Regional
Long Term Care Pharmacy**

Have an event coming up? *We want to be there.*
info@hrltcp.org • 845.341.2700 • www.hrltcp.org

Staying Safe This Summer

Sun Exposure

UV rays can cause skin damage in as little as 15 minutes, even on cloudy days or when someone is in the water. Some medications also increase sun sensitivity, so knowing each person's profile matters.

- Apply SPF 30+ sunscreen 15 to 30 minutes before going outside; reapply every two hours or more often when someone is active or swimming
- Hats and UV-protective eyewear help protect the ears, eyes, and head
- If a burn occurs, notify the RN. If blistering develops, contact the physician

Heat-Related Illness

Heat exhaustion is the warning. Heat stroke is the emergency. Staff should know the difference.

Heat exhaustion signs:

- Heavy sweating with cool, pale skin
- Dizziness, weakness, nausea, or faintness
- Fast, weak pulse and shallow breathing

Get the person somewhere cool and contact the RN right away.

Heat stroke: Call 911 immediately

- Body temperature above 103 degrees
- Hot, red, dry skin; strong, rapid pulse
- Possible confusion or unresponsiveness

Move to shade, apply cool compresses to the neck, wrists, and armpits. Only offer fluids if the person is fully alert and can swallow.



Vehicles in the Heat

A parked car can reach dangerous temperatures in under ten minutes, even with the windows cracked. No one should ever be left in a parked vehicle, no matter how briefly. A simple routine to confirm everyone is out before walking away goes a long way.

Water Safety

Water activities are some of the best parts of summer and come with some of the most serious risks. Drowning can happen in seconds. Certain individuals face greater risk due to seizure disorders, cardiac conditions, or medications that affect awareness.

Keeping people safe near water:

- Assign staff specifically to water supervision, not shared between tasks
- One-to-one supervision is required for individuals with seizure disorders or dysrhythmias
- Having staff in the water alongside the person is the strongest approach
- Know each person's comfort and ability in the water before the outing
- Less crowded areas make supervision more manageable
- A Coast Guard-approved flotation device is required when boating

Conditions can change fast. Make sure staff are ready to respond before anyone gets in the water.



Food Safety

Outdoor meals are one of summer's best things, and heat can work against them fast. Bacteria multiply quickly on food that sits out in warm weather, and something that seems fine at noon can be a real problem by early afternoon. Unrefrigerated food can turn unsafe in as little as one hour on a hot day.

Keep hand-washing supplies accessible, keep raw proteins completely separate from ready-to-eat food, use coolers consistently, and when in doubt, throw it out.

Grill Safety

Grilling is one of summer's great pleasures, and equipment should always be checked before use. OPWDD's General Grilling Safety Alert is worth reviewing with any staff who will be working a grill this season, available at opwdd.ny.gov.

Insects & Stings

Ticks, mosquitoes, and stinging insects are much more active in warm weather. For individuals who have difficulty communicating how they feel, catching a reaction early depends almost entirely on the staff around them. Prevention built into the care plan is the best protection.

Before heading out:

- Apply insect repellent appropriate to the individual

- Opt for long sleeves and closed-toe shoes where possible
- Know allergy histories and make sure any prescribed emergency medications are accessible

After outdoor time:

- Check skin and clothing carefully, including behind the ears, knees, and waistline
- Use extra caution around tall grass, wooded paths, and standing water

If a tick is found:

- Do not attempt to remove it
- Contact a medical professional right away
- Watch for a bullseye rash, fever, chills, fatigue, or joint aches in the days following
- Call 911 if symptoms escalate or a severe allergic reaction occurs

Document the tick bite and notify the RN or physician, according to your facility's protocol.

Questions about summer health and safety?

OPWDD's Bureau of Nursing and Health Services is available at nursingandhealthservices@opwdd.ny.gov. Our pharmacy team is also happy to help with any medication-related summer questions.

Community Events

Two great golf outings are coming up this summer, both benefiting organizations doing meaningful work for people with developmental disabilities right here in our region. Grab a foursome, bring a colleague, and come spend a day on the course for a good cause.

New Horizons Resources

42nd Annual Invitational Golf Tournament

Date: Monday, August 3, 2026

Location: The Powelton Club, 29 Balmville Rd, Newburgh, NY 12550

New Horizons Resources has been a staple across the Hudson Valley for decades. Their annual Invitational is one of the most anticipated events in the community.

Check-in is at 9:00 AM with a shotgun tee-off at 10:00 AM, lunch at the turn, cocktail hour from 3:00 to 4:00 PM, and dinner, raffle, and prizes from 4:00 to 5:00 PM. Registration is \$300 per player and includes continental breakfast, lunch, golf, cocktail hour, and dinner. Dinner-only tickets are available for \$100.

Scan the QR code to register, or contact Dottie Denunzio at ddenunzio@nhrny.org or 845-473-3000 x1322.

Scan the QR code for more info!



The Arc Greater Hudson Valley Foundation

The Catskill Cup / Bill Volpe Golf Tournament

Date: Monday, August 3, 2026

Location: West Hills Country Club, 121 Golf Links Rd, Middletown, NY 10940

Sullivan County's beloved annual tournament heads to Orange County for the first time, taking over the exclusive West Hills Country Club. Registration is \$345 per player, covering greens, cart, breakfast, lunch, dinner, open bar, beverages on course, t-shirts, balls, tees, and more. Prize flights for Championship and Second Flight. Registration opens 8:30 to 10:00 AM.

Scan the QR code to register, or contact Nicole Morris at nmorris@arcghvny.org or 845-513-5720.

Scan the QR code for more info!



Questions About Any of These Events?

Reach out to **Angelo at Hudson Regional LTC Pharmacy** for more information or scan the QR codes above to register directly.
info@hrltcp.org • 845.341.2700

Community Spotlight

Eden II & Genesis Foundation

50 Years. One Incredible Day.



Fifty years ago, six sets of parents and one special education teacher on Staten Island decided that children with autism deserved more than what existed at the time. They started with six children and one classroom. Today, Eden II Programs is one of the most comprehensive autism service organizations in New York State, serving thousands of individuals and their families across New York City and Long Island from early childhood through the senior years.



The range of what Eden II does is remarkable: school programs, adult day habilitation, residential services, family support, transition and vocational programming, and community-based services, all grounded in a belief that science, service, and passion together create better lives. Through the Eden II & Genesis Foundation, they continue to invest in research and innovation that moves the field forward.

This year, they are marking 50 years with a golf outing and anniversary celebration that reflects everything this organization has built.

2026 Golf Outing & 50th Anniversary Celebration

Scan the QR code for more info!



This is not a typical golf outing. It is a celebration of 50 years of Eden II Programs and the lives changed. Whether you're hitting the greens or joining for the evening, every dollar raised goes toward programs and services for individuals with autism across Staten Island and Long Island.

Date: Thursday, July 23, 2026

Golf: 200 Huguenot Avenue, Staten Island, NY 10312

Evening Reception: Grand Oaks Country Club

Registration & Barbecue: 12:00 PM • Shotgun Start: 1:00 PM
Cocktail Dinner & Awards at 6:30 PM

For questions, to register, or to sponsor, scan the QR code, reach out to the team directly at golf@eden2.org or 718-816-1422 ext. 1010, or visit eden2.org/golf2026

Switching Long Term Care Pharmacies Can Seem Daunting.

We understand that if your facility is at a place to make the move, things aren't going the way they should be. Our team members are experts at prescription transferring, facility/pharmacy transitioning, training, and ensuring your pharmacy needs are met with excellence and consistency.

These are improvements your facility will notice when making the switch to Hudson Regional LTC Pharmacy.

There is no delay.

Your residents will receive their prescriptions when needed and on time.

A friendly voice.

We listen to your problems and do our best to solve them immediately.

LTC nurses can focus on patient care, not pharmacy issues.

We want your medical staff to do what they do best, care for patients. Your nursing administration staff shouldn't have to worry about pharmacy problems or worry if prescriptions will be delivered.

Positive pharmacy experience.

Our team is here to serve your facility, your staff, and your residents. It's hard to put a value on excellent care until you don't have it.

Staff time is spent with residents.

We don't want your staff stuck on the phone trying to figure out where Medication Administration Records are, or when you will receive them. You can count on MARs to show up the same day every month with Hudson Regional LTC Pharmacy.

Training Provided

We know the process of reordering medications can be burdensome. That's why we supply all of our new facility partners with an ample amount of training on our web portal to fit your needs. Here's what you can expect during the training process:

- Connecting our nurse consultants with your agency's nurses and staff on a Zoom call to introduce one another and the web portal.
- Weekly, monthly, or as-needed trainings.
- A training manual with detailed step-by-step directions of the web portal.
- Access to our nurse consultants and team to troubleshoot any questions.

With Hudson Regional LTC Pharmacy's Web Portal, reordering medications can be done in only 15 minutes each week!

Call Us Today to Discover the Difference in Your Pharmacy Care.

▶ **(845) 341-2714**



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LONG-TERM CARE PHARMACY

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