

In the Know with...



Hudson Regional
LONG-TERM CARE PHARMACY

May 2026 • Issue #065



Bright Days Ahead

PLUS

*Vacation Prep
& LEAP for Autism 2026 Recap*

Heading Off This Summer?

Tell Us Early

Vacation season is right around the corner, and we love hearing about the trips ahead. Weekends at the lake, family road trips, cruises, longer summer getaways. Every one of those trips is something to look forward to, and we want every individual you serve to have what they need to enjoy them fully.

A little heads up goes a long way. When we know about a vacation a couple of weeks in advance, we have plenty of time to put everything together with care.

Reaching out early lets our team:

- Put together vacation supplies and travel packs sized to the length of the trip
- Adjust fill dates and refills so no one runs short while they are away
- Touch base with prescribing providers if anything needs to be added or adjusted before departure
- Pull together any paperwork that travel calls for, especially for trips that cross state lines or involve flying

We are always happy to help no matter the timeline, and we know plans sometimes come together on short notice. Whenever you can give us a little extra time, it helps us send everyone off with everything in order.

A quick call or message is all it takes.



Reach our team:

Phone: 845.341.2700

Email: info@hrltcp.org



A Letter From **The CEO**

Spring has a way of changing the way we move through the world. Days stretch longer. Windows come open. People are outside again, in their yards, on trails, at events, and back together in the kinds of community spaces that the colder months keep us out of. For our agencies and the individuals they serve, this season brings real opportunity. The opportunity to grow, to renew, and to step into something new.

When I look out at our community right now, I see growth happening everywhere. I see it in agencies expanding their programs and reaching new individuals. I see it in our employees who are stepping into bigger roles and finding the kind of meaning in this work that does not exist anywhere else. I see it in the individuals we serve, who are exploring new routines, new freedoms, and new ways of participating in their own lives.

That is the part of spring I think about most. The growth is not just out in the gardens. It is inside of us. The season offers each of us a moment to ask a real question. What do I want to do differently? Where could I be more present, more patient, more attentive, more honest with myself about the work that matters?

For me, those answers always lead back to the people we serve. The individuals, the families, the agencies, and the work we do together. Spring is a chance to recommit. To remember what brought us here. To find new energy for the things that have not changed at all.

This month, we celebrate a milestone leap, prepare for the busy events ahead, and pay attention to a few practical realities that come with warmer days. I am grateful for every one of you who shows up for this community day after day. Let us grow into the rest of the year together.

***Yours in Health,
Angelo Angerame***

**CEO, Hudson Regional
Long Term Care Pharmacy**





A Decade in the Sky

Team Angeloneyfullabaloney Raises Over \$21,000 for Greystone Programs!

On Saturday, May 2, 2026, Skydive the Ranch in Gardiner, New York filled with the kind of energy you have to experience to understand. Tents went up. Music played. Food trucks lined the field. Families spread out blankets and watched the sky. Up above, planes climbed to altitude. And then, one by one, the leapers came down.

The 10th Annual LEAP for Autism delivered another unforgettable day for Greystone Programs and the individuals they serve across the Hudson Valley. This milestone year brought in over \$90,000 in total fundraising, all of it going directly toward residential, day, and community-based services for people with autism and intellectual and developmental disabilities.

Team Angeloneyfullabaloney accounted for over \$21,000 of that total, jumping together for a cause that means the world to all of us.

Angelo Crosses a Milestone

Our CEO, Angelo Angerame, took the leap for the fifth year in a row, and was this year's top individual fundraiser at the event with over \$7,100 raised for Greystone Programs. For Angelo, the annual leap has become a personal tradition, and a public way of showing up for a cause that sits at the center of what Hudson Regional LTC Pharmacy stands for.

It is also a great excuse to get a team together and jump out of a perfectly good airplane.



“There is nothing like it. Every year, this event reminds me why we do what we do.”



A Team Effort

Team Angeloneyfullabaloney was joined this year by Glenn Schiotis, Executive Director at Kinexion LTC Pharmacy, our sister pharmacy. For Glenn, this was his first jump, and the team welcomed him in style. The mood at the drop zone reflected exactly what this event has come to mean over the past decade. Friends, colleagues, family members, and longtime supporters all under one sky, all showing up for something bigger than themselves.

Why This Matters

The funds raised at LEAP for Autism do not sit in a budget line. They go directly into the lives of the individuals served by Greystone Programs. They support expressive arts, music, dance, equine therapy, and the kinds of programs that help people communicate, connect, and grow.

They support the residential settings where people live with dignity. They support the staff who care for them every day.

A decade in, this event is more than a fundraiser. It is a tradition. It is a community. It is what happens when a group of people decide that showing up matters and that growth, in every sense of the word, is something worth chasing.

Thank You

To every donor, sponsor, volunteer, and attendee who made this year possible, thank you. To the Greystone team, thank you for everything you do every day. To Angelo, thank you for setting the example, year after year. And to Glenn, welcome to the team!

See you all next year!



Small Ticks, Bigger Risks

What to Know About Babesiosis and Powassan This Spring and Summer

For years, tick prevention conversations in the Northeast started and ended with Lyme disease. That is no longer the case. Babesiosis and Powassan virus, once considered uncommon in our region, are showing up more often and in more places than they used to.

What These Illnesses Are

Babesiosis is caused by tiny parasites that infect red blood cells, spread by the same deer ticks that carry Lyme. Symptoms range from mild flu-like illness to serious complications, especially in older adults and people with weakened immune systems. Cases have climbed sharply across the Northeast over the last decade.

Powassan virus is rarer but more serious. Unlike Lyme, which usually requires hours of tick attachment, Powassan can pass in as little as 15 minutes. Most infections cause no symptoms, but severe cases can lead to brain inflammation. There is no vaccine and no specific treatment, which makes prevention the entire game.

Practical Prevention

- Use EPA-registered insect repellents and consider permethrin-treated clothing for higher-exposure outings
- Walk in the center of paths and avoid tall grass or leaf litter
- Do a full body tick check after outdoor time. Pay attention to the scalp, behind the ears, armpits, waistline, behind the knees, and groin
- Shower within two hours of coming inside when possible
- Check clothing, gear, and any pets that came along
- Remove attached ticks with fine-tipped tweezers, pulling straight up with steady pressure

What to Watch For

Caregivers should watch for fever, fatigue, headaches, body aches, new rashes, behavioral changes, or any unexplained illness following outdoor time. Document tick bites when they happen and notify the prescribing provider. Our team is always here to answer questions about prevention products and medication considerations. A short conversation now can save a long road later.



38th Annual Geraldo Rivera Golf Classic

Benefiting Life's WORC

Date: Monday June 29th, 2026

Location: Pine Hollow Country Club, 6601 Northern Blvd,
East Norwich, NY 11732

Now in its 38th year, the Geraldo Rivera Golf Classic is one of the most enduring charity golf events in the New York region. Founded by broadcast journalist Geraldo Rivera, the event benefits Life's WORC, which provides services and support to more than 2,000 people with developmental disabilities and autism across Suffolk, Nassau, Queens, and Manhattan.

Hudson Regional LTC Pharmacy has been a proud longtime partner of this mission. Stay tuned for more details!

Scan to Learn
More or Register:



Questions About Any of These Events?

Reach out to **Angelo at Hudson Regional LTC Pharmacy** for more information or scan the QR codes above to register directly.

Switching Long Term Care Pharmacies Can Seem Daunting.

We understand that if your facility is at a place to make the move, things aren't going the way they should be. Our team members are experts at prescription transferring, facility/pharmacy transitioning, training, and ensuring your pharmacy needs are met with excellence and consistency.

These are improvements your facility will notice when making the switch to Hudson Regional LTC Pharmacy.

There is no delay.

Your residents will receive their prescriptions when needed and on time.

A friendly voice.

We listen to your problems and do our best to solve them immediately.

LTC nurses can focus on patient care, not pharmacy issues.

We want your medical staff to do what they do best, care for patients. Your nursing administration staff shouldn't have to worry about pharmacy problems or worry if prescriptions will be delivered.

Positive pharmacy experience.

Our team is here to serve your facility, your staff, and your residents. It's hard to put a value on excellent care until you don't have it.

Staff time is spent with residents.

We don't want your staff stuck on the phone trying to figure out where Medication Administration Records are, or when you will receive them. You can count on MARs to show up the same day every month with Hudson Regional LTC Pharmacy.

Training Provided

We know the process of reordering medications can be burdensome. That's why we supply all of our new facility partners with an ample amount of training on our web portal to fit your needs. Here's what you can expect during the training process:

- Connecting our nurse consultants with your agency's nurses and staff on a Zoom call to introduce one another and the web portal.
- Weekly, monthly, or as-needed trainings.
- A training manual with detailed step-by-step directions of the web portal.
- Access to our nurse consultants and team to troubleshoot any questions.

With Hudson Regional LTC Pharmacy's Web Portal, reordering medications can be done in only 15 minutes each week!

Call Us Today to Discover the Difference in Your Pharmacy Care.

▶ **(845) 341-2714**



Hudson Regional
LONG-TERM CARE PHARMACY

280 Rte 211 E, Suite 112, Middletown, NY 10940
www.hrltcp.org • info@hrltcp.org • P: 845-341-2700 • Fax: 845 341-2715