

# In the Know with...



Hudson Regional  
LONG-TERM CARE PHARMACY

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## Warm Wishes and Winter Readiness

PLUS

*Important Enrollment Reminder for 2026 Coverage  
Planning Ahead for Holiday Visits*



# Show us Your Best Holiday Sweater!

The holiday season always brings out a wave of creativity, and our annual Ugly Sweater Contest is officially underway. Homes across the region are already getting into the spirit with knitwear, decorations, and plenty of imagination.

Each year we see everything from classic winter patterns to full themed ensembles. Some teams go bold with accessories, while others create homemade designs that become instant favorites. What matters most is the fun and teamwork behind each submission.

The Woodburne House boys are hoping to secure their third consecutive title, but we know the competition will be strong. Whether you choose something traditional, humorous, or completely original, we want to see it.

How to enter: Send your photo to [aangerame@hrltcp.org](mailto:aangerame@hrltcp.org) by December 10, 2025. The winning house will be featured in the December issue and will receive a Pizza Party hosted by our CEO.

We can't wait to see the entries that help bring the season to life.







## A Letter From **The CEO**

As we approach the heart of the holiday season, this is a time when schedules get busier, travel plans take shape, and routines begin to shift. With the holidays on the Horizon, I encourage everyone to take a moment to think ahead to their medication needs. Early preparation can make holiday travel and home visits run smoothly for everyone involved.

If any of your residents will be visiting family, please review their medication schedules and refill needs now. Our team is always here to help with planning, timing, and ensuring that all medications are ready before travel begins.

Our annual Ugly Sweater Contest is in full swing as well, a tradition that brings so much energy to the season. The Woodburne House boys are aiming to hold onto their title for the third year in a row, and the excitement has already begun. We look forward to seeing all the photos and sharing the holiday spirit across our community.

Wishing you a warm and enjoyable start to the season!

***Yours in Health,  
Angelo Angerame***

**CEO, Hudson Regional  
Long Term Care  
Pharmacy**







# Planning Ahead for Holiday Visits

The holiday season often brings a shift in schedules. More visits. More travel. More moving pieces. To help everything stay on track, we created a simple checklist for homes and families to help ensure smooth and worry-free holiday visits.

## Before a Home Visit or Holiday Trip

### 1. Review all scheduled medications

Check MARs, ensure active orders are current, and look ahead at any refills that may be needed.

### 2. Confirm quantities for extended visits

Families may need more than the usual fill if the visit spans several days.

### 3. Double-check storage needs

Some medications cannot be exposed

to extreme temperatures. If families are transporting them, remind them to avoid leaving items in hot or cold cars.

## During the Visit

### 1. Keep medications in a consistent spot

This reduces the chance of missed doses or misplaced packaging.

### 2. Follow the prescribed schedule

It is important to stay as close to the usual medication administration timing as possible during visits and trips.

### 3. Avoid sharing or repackaging medication

Keep everything in its original labeled packaging for safety and compliance.







## Once Back Home

### 1. Reconcile returned medications

Match everything returned from the visit with the home's MARs to ensure nothing is missing and all quantities are accounted for.

### 2. Check for any changes in routine

If sleep schedules, appetite, behaviors, or symptom patterns looked different during the visit, make a brief note so direct support staff can monitor for trends.

### 3. Help reset to the usual schedule

Returning home can shift routines. Make sure medication administration timing is fully aligned with the resident's typical schedule as soon as possible.

We are wishing everyone a safe and happy holiday season filled with comfort, connection, and moments of joy.





# Important Enrollment Reminder for 2026 Coverage

Open Enrollment began on November 1st, and this period is an important chance to make sure every resident is covered properly for the year ahead. Insurance renewals can sneak up quickly during the holiday rush, but taking a few minutes now to review coverage can prevent interruptions once January arrives.

Our team has emailed all homes with **the 2026 benchmark plans**, which outline the approved options for the coming year. These plans serve as a clear guide when confirming that each resident is enrolled in a qualifying plan. If someone is not enrolled in one of the benchmarks by January, it can lead to delays in medication processing or unexpected gaps in coverage. A quick review of each resident's plan

now keeps everything running smoothly when the new year begins.

If your team has questions about the plans, needs help confirming where to look, or wants to double-check that everything is in place, please reach out to us and we are happy to point you in the right direction. Our goal is to make this process as simple as possible so you can start 2026 without any insurance-related hurdles.

Taking a proactive approach now ensures that residents remain continuously covered and that their medication schedules continue without disruption.






# The 2025 Life's WORC Gala

The 2025 Life's WORC Annual Gala takes place on Friday, December 12, 2025, at The Garden City Hotel in Garden City, NY. Each year this event brings together families, supporters, and community partners for an evening that celebrates the heart of the organization and the people who help move its mission forward.

This year, Life's WORC will be honoring Frederick C. Johs, Esq., whose generosity, guidance, and long-standing commitment to the community have made a meaningful impact on countless families across the region. Fred has devoted much of his career to work that strengthens and supports the people around him, and many know him not only for his accomplishments in the legal field but also for his kindness, leadership, and dedication to service. His involvement on numerous boards and committees reflects a deep belief in giving back and helping build stronger, more connected communities.

The gala program will include stories that highlight the work being done across Life's WORC, as well as moments of recognition and reflection that remind us why this mission matters. Guests can expect a warm, uplifting evening filled with connection, conversation, and appreciation for the individuals and partners who help create opportunities for people throughout the Greater New York area.

Hudson Regional is proud to support Life's WORC and to join in celebrating the honoree and the organization's continued progress.



**For more info on how  
to join in on the fun,  
scan the QR code!**





# Switching Long Term Care Pharmacies Can Seem Daunting.

We understand that if your facility is at a place to make the move, things aren't going the way they should be. Our team members are experts at prescription transferring, facility/pharmacy transitioning, training, and ensuring your pharmacy needs are met with excellence and consistency.

*These are improvements your facility will notice when making the switch to Hudson Regional LTC Pharmacy.*

## **There is no delay.**

Your residents will receive their prescriptions when needed and on time.

## **A friendly voice.**

We listen to your problems and do our best to solve them immediately.

## **LTC nurses can focus on patient care, not pharmacy issues.**

We want your medical staff to do what they do best, care for patients. Your nursing administration staff shouldn't have to worry about pharmacy problems or worry if prescriptions will be delivered.

## **Positive pharmacy experience.**

Our team is here to serve your facility, your staff, and your residents. It's hard to put a value on excellent care until you don't have it.

## **Staff time is spent with residents.**

We don't want your staff stuck on the phone trying to figure out where Medication Administration Records are, or when you will receive them. You can count on MARs to show up the same day every month with Hudson Regional LTC Pharmacy.

## **Training Provided**

We know the process of reordering medications can be burdensome. That's why we supply all of our new facility partners with an ample amount of training on our web portal to fit your needs. Here's what you can expect during the training process:

- Connecting our nurse consultants with your agency's nurses and staff on a Zoom call to introduce one another and the web portal.
- Weekly, monthly, or as-needed trainings.
- A training manual with detailed step-by-step directions of the web portal.
- Access to our nurse consultants and team to troubleshoot any questions.

**With Hudson Regional LTC Pharmacy's Web Portal, reordering medications can be done in only 15 minutes each week!**

**Call Us Today to Discover the Difference in Your Pharmacy Care.**

▶ **(845) 341-2714**



**Hudson Regional**  
LONG-TERM CARE PHARMACY

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