

# In the Know with...



Hudson Regional  
LONG-TERM CARE PHARMACY

September 2025 • Issue #057



## Honoring Legacy, Driving Community Forward

PLUS

*Ugly Sweater Contest Returns for 2025 and Pharmacy  
Deserts: Addressing an Urgent Challenge*



# EEDA Golf Tournament Honors John V. Beltrani's Legacy

Hudson Regional LTC Pharmacy is proud to once again support the John V. Beltrani Memorial Golf Classic, hosted by East End Disability Associates on Monday, October 6, 2025 at the Westhampton Country Club. This annual event is more than a day on the greens — it is a chance for our community to come together in memory of John Beltrani, whose dedication and service to EEDA helped shape programs and opportunities for individuals with intellectual and developmental disabilities on Long Island.

The tournament has a full schedule of activities, starting with registration and luncheon, followed by a shotgun start at noon. Golfers will take part in contests throughout the day, including longest drive, closest to the pin, and putting. The evening concludes with a cocktail reception and awards ceremony. Sponsorships, foursomes, and individual player spots are available, giving many ways to join in.

Participation directly supports EEDA's mission to provide innovative and practical solutions that improve the lives of individuals with disabilities and their families. Whether you're a seasoned golfer or someone who simply enjoys being part of a meaningful community tradition, this tournament offers a way to honor John's legacy while contributing to an important cause. Registration details can be found at [eed-a.org/golf](http://eed-a.org/golf).

**Learn more  
by scanning  
the QR code.  
We'd love to  
see you there!**





# A Letter From **The CEO**

As summer winds down and fall approaches, many of us notice the subtle changes around us. The mornings are cooler, evenings come earlier, and familiar traditions return. From back-to-school routines to apple picking and watching the leaves change color. These seasonal shifts also serve as reminders of the importance of preparing for the months ahead.

One of the most important steps this time of year is staying current on vaccinations. Flu season is fast approaching, and flu shots remain one of the best ways to reduce the spread of illness and protect those most vulnerable. At Hudson Regional LTC Pharmacy, we make this process simple. With our support, staff can arrange for our team to come directly to your facility. We handle the scheduling, bring everything needed, and ensure residents receive their flu shots on time. There is no need to coordinate with outside providers or manage the added complications that can delay care.

As always, our focus is on making healthcare easier to access and more reliable. Seasonal changes can be busy, but taking preventive steps now helps protect health and well-being throughout the fall and winter months.

***Yours in Health,  
Angelo Angerame***

**CEO, Hudson Regional  
Long Term Care  
Pharmacy**





# The Ugly Sweater Contest Returns for 2025

The tradition continues! Hudson Regional's annual Ugly Sweater Contest is back, and it's time to start planning your most festive creations.

Last year, the champions came from the Woodbourne House in the Arc of the Greater Hudson Valley, who once again dazzled us with unmatched creativity and spirit. Their team effort combined everything that makes this contest special — bold holiday style, humor, and a clear sense of fun. Alongside the group, shoutouts go to Benny B., who proved that four-legged friends can be true trendsetters and the feathery pair, Cleopetra and Chickie Minaj, who brought their own flair to the celebration.

The Woodbourne crew celebrated their win with a Pizza Party hosted by CEO Angelo Angerame, a fun way to cap off the contest and enjoy their well-earned bragging rights.

Now it's your turn! Entries for the 2025 contest are officially open:

- Submit your photo to [aangerame@hrltcp.org](mailto:aangerame@hrltcp.org)
- Deadline: December 10, 2025
- Winners: Announced in the December issue and awarded a Pizza Party from our CEO

Whether your sweater is covered in lights, bursting with color, or stitched with your own unique design, the Ugly Sweater Contest is your chance to celebrate the season with creativity and humor. Each year the entries remind us that holiday cheer can come in many forms, and that the most memorable moments often come from not taking ourselves too seriously.

We look forward to seeing who will take the crown this year and continue the tradition of turning holiday sweaters into something unforgettable.









# Grilling, Gathering, and Growing Community

Our CEO, Angelo Angerame, and Nursing Consultant Dawn Blades joined the annual Pig Roast at the Woodbourne House of The Arc Greater Hudson Valley. This event has once again brought together residents, staff, families, and friends for a day of food, laughter, and connection.

Angelo and Dawn rolled up their sleeves at the grill, serving up hot dogs with plenty of enthusiasm. The simple act of sharing food created a lively atmosphere where conversation flowed and new connections were made.

The pig roast has always been more than just an afternoon of good food. It is a tradition

that highlights the strength of community and the importance of coming together outside of the day-to-day routines. For Hudson Regional, being part of this celebration is an opportunity to deepen relationships, show support, and recognize the incredible individuals who make up the Woodbourne House community.

Events like this remind us that care extends beyond medications and charts. It lives in the bonds we form, the moments we share, and the experiences that bring people closer. We were honored to take part again this year and look forward to many more opportunities to celebrate alongside our partners at Arc Greater Hudson Valley.





# Pharmacy Deserts: Addressing an Urgent Challenge

Across the country, more communities are experiencing what are now called **pharmacy deserts**. These are areas where residents have little to no access to a pharmacy within a reasonable distance. The impact of these closures is far-reaching. Without a local pharmacy, people may go without timely access to medications, vaccines, or even basic over-the-counter items. For individuals with chronic conditions or limited mobility, the lack of access can quickly become a matter of health and safety.

This issue has been growing as independent pharmacies struggle to remain open and large chains reduce their locations. Rural towns and lower-income neighborhoods are often hit hardest. Residents may have to travel miles for a prescription or wait for unreliable transportation options. The result is not just inconvenience, it is a barrier to essential care.

Hudson Regional LTC Pharmacy is working alongside other advocates to bring attention to this problem. We are engaged in conversations with lawmakers and healthcare partners to support legislation that ensures pharmacy access is recognized as a vital part of healthcare infrastructure. Everyone deserves to have reasonable access to the medications and services they need.

As the conversation continues, we remain focused on doing our part through accurate record-keeping, reliable delivery services, and community advocacy. Pharmacy deserts are a challenge that cannot be solved overnight, but raising awareness and pressing for solutions are necessary steps toward ensuring no one is left behind.



# Switching Long Term Care Pharmacies Can Seem Daunting.

We understand that if your facility is at a place to make the move, things aren't going the way they should be. Our team members are experts at prescription transferring, facility/pharmacy transitioning, training, and ensuring your pharmacy needs are met with excellence and consistency.

***These are improvements your facility will notice when making the switch to Hudson Regional LTC Pharmacy.***

## **There is no delay.**

Your residents will receive their prescriptions when needed and on time.

## **A friendly voice.**

We listen to your problems and do our best to solve them immediately.

## **LTC nurses can focus on patient care, not pharmacy issues.**

We want your medical staff to do what they do best, care for patients. Your nursing administration staff shouldn't have to worry about pharmacy problems or worry if prescriptions will be delivered.

## **Positive pharmacy experience.**

Our team is here to serve your facility, your staff, and your residents. It's hard to put a value on excellent care until you don't have it.

## **Staff time is spent with residents.**

We don't want your staff stuck on the phone trying to figure out where Medication Administration Records are, or when you will receive them. You can count on MARs to show up the same day every month with Hudson Regional LTC Pharmacy.

## **Training Provided**

We know the process of reordering medications can be burdensome. That's why we supply all of our new facility partners with an ample amount of training on our web portal to fit your needs. Here's what you can expect during the training process:

- Connecting our nurse consultants with your agency's nurses and staff on a Zoom call to introduce one another and the web portal.
- Weekly, monthly, or as-needed trainings.
- A training manual with detailed step-by-step directions of the web portal.
- Access to our nurse consultants and team to troubleshoot any questions.

**With Hudson Regional LTC Pharmacy's Web Portal, reordering medications can be done in only 15 minutes each week!**

**Call Us Today to Discover the Difference in Your Pharmacy Care.**

▶ **(845) 341-2714**



**Hudson Regional**  
LONG-TERM CARE PHARMACY

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