

# In the Know with...



Hudson Regional  
LONG-TERM CARE PHARMACY

May 2025 • Issue #053



## Every Voice, Every Season

PLUS

*Employee Spotlight – Ben Bonete, Delivery Manager  
& Creating Memorable Summer Visits*

# Employee Spotlight

## *Ben Bonete,*

### Delivery Manager



This month, we're shining the spotlight on Ben Bonete, our dedicated Delivery Manager who has been a valued member of the Hudson Regional LTC Pharmacy team for six years.

Ben plays a key role in ensuring our deliveries are reliable and timely, but what stands out most is his positive presence and commitment to the people around him. "The environment, the workplace, the coworkers—I'm always excited to come to work," he says. "I've learned so much just by being around this team." That sense of connection and mutual respect is something he values deeply.

Before joining HRP, Ben spent his early years in the Philippines, where he was a passionate basketball player. Though an injury kept him from continuing competitively, he still enjoys playing from time to time. These days, you're just

as likely to find Ben spending time with his family or gaming in his free time. As a full-time dad of two, he says there's nothing better than quality time with his kids and wife.

When asked what advice he'd give to someone interested in working with the ID/DD community, Ben offers thoughtful insight: "If a small door opens for opportunity, always grab it. Aim for it. Work for it. Put in the effort, and do the best you can." His perspective is a reminder that even small chances can lead to meaningful change, both personally and professionally.

Ben brings energy, warmth, and dedication to everything he does, and we're proud to recognize him this month for the impact he makes each day at Hudson Regional LTC Pharmacy.







## A Letter From **The CEO**

As the seasons shift and the days get longer, we find ourselves in that familiar transition from spring to summer. It's a time that brings new energy, more time outdoors, and plenty of opportunities to come together as a community. Whether it's a backyard barbecue, a group outing, or a quiet walk on a sunny afternoon, summer encourages us to slow down and enjoy the moment while also reminding us to stay prepared.

The longer days and warmer weather are welcome, but they come with new routines and responsibilities. Sun protection, staying hydrated, and using bug spray may seem like small things, but they play an important role in keeping us safe and comfortable. This season also brings a higher risk of tick bites and other outdoor-related health concerns that can be easy to overlook.

Summer invites us to be more present, but also more aware. It's a time to enjoy the outdoors, connect with others, and take in everything the season has to offer, all while staying mindful of the basics that keep us feeling our best.

As summer begins, I encourage everyone to take a moment to reset, recharge, and enter this season with intention. We're here to support you through every step and every season.

***Yours in Health,  
Angelo Angerame***

**CEO, Hudson Regional  
Long Term Care  
Pharmacy**



# Creating Memorable Summer Visits

## *Ideas, Destinations, and Tips for a Meaningful Season*

Summer brings sunshine, longer days, and plenty of opportunities to reconnect with loved ones. For individuals living in group homes or supported settings, this can be a special time to spend time with family and friends. Whether you're planning a simple afternoon visit or a short getaway, a little preparation goes a long way in making sure everyone has a great experience.

## Thoughtful Ways to Make Visits More Enjoyable

### Stick with What's Familiar

Visits feel more comfortable when they align with routines. Try to plan around regular mealtimes and quiet times, and keep transitions simple. Small adjustments, like bringing a favorite snack or familiar item, can make a big difference.

### Talk About What to Expect

If someone is heading out for the day or meeting new people, it helps to walk through the plan ahead of time. This might mean going over the schedule, using pictures or short explanations, or simply talking through what the day will look like.

### It Doesn't Have to Be a Big Event

A great visit doesn't have to mean going far. Some of the best moments happen over puzzles, music, a walk outside, or just sitting together. Keep it relaxed, and focus on connection over activity.

### Be Flexible

Every day is different, and it's okay if plans need to change. If a visit needs to be shorter or quieter than expected, that's perfectly fine. What matters most is the shared time and understanding.





# Looking to Travel? Here Are Some ID/DD- Friendly Destinations:

## Accessible Beaches

Many beach towns now offer ramps, beach wheelchairs, and sensory-friendly boardwalk areas. Myrtle Beach in South Carolina and San Diego in California are two great options that combine sun and accessibility.

## Theme Parks with Support Services

Parks like Disney World and Disneyland offer disability access passes, sensory-friendly maps, and trained staff. These parks are known for creating inclusive experiences that cater to a wide range of needs.

## National Parks

National parks like Yellowstone, Yosemite, and the Grand Canyon offer accessible trails and visitor centers. It's a great way to connect with nature in a calm and spacious environment.

## City Adventures

Cities like Washington, D.C., and Chicago offer accessible transportation, public spaces, and attractions like museums and botanical gardens. These can be perfect for day trips or short overnight stays.

## Local Hidden Gems

You don't have to travel far to make a memory. Local aquariums, accessible zoos, or sensory-friendly movie screenings can offer fun, flexible experiences close to home.



## In Every Visit, Connection Comes First

Whether you're visiting for the afternoon or heading off on a summer adventure, it's the thoughtfulness and shared time that leave the biggest impression. With just a bit of planning, summer visits can be something everyone looks forward to.



# Everyone Deserves the Chance to Thrive

At Hudson Regional LTC Pharmacy, we work alongside a wonderfully diverse team. Some of our employees are neurodivergent, and we see their strengths and contributions every single day. Their attention to detail, creative thinking, and dedication are not only valued, but vital to the work we do.

That's why we were concerned to hear recent political discussions around creating a registry of individuals with autism by pulling data from private medical records. While the intention behind these proposals may be rooted in research and understanding, the idea of accessing deeply personal health information without consent has understandably raised serious privacy and ethical concerns.

We believe strongly that a person's diagnosis—of any kind—should never define their potential or be used to limit their future. Our experience tells a very different story.

Neurodivergent individuals are already contributing meaningfully to their families, workplaces, and communities. They don't need to be tracked or labeled. They need to be respected, supported, and given the same opportunity as anyone else to live a full and independent life.

Everyone brings something different to the table, and that diversity is what makes teams stronger and communities more connected. Neurodivergence isn't something to fear or isolate, it's something to understand, appreciate, and include. We owe it to every American to protect their dignity, respect their privacy, and celebrate what makes them unique.

We're proud of the inclusive culture we've built here, and we'll continue to stand up for the rights of all people to be seen, heard, and valued.



# Join Us at the 37th Annual Geraldo Rivera Golf Classic

On Monday, June 9, we're heading to the Huntington Crescent Club for a day that brings together great people, a beautiful course, and a powerful cause.

Hosted by Life's WORC, the Geraldo Rivera Golf Classic helps raise funds to support individuals with intellectual and developmental disabilities and autism. From housing and job training to family resources and care coordination, Life's WORC is committed to helping people live fuller, more independent lives.

This year, our team is especially proud to attend, as our CEO Angelo Angerame will be recognized as one of the event's honorees.

The day includes brunch, a shotgun start at noon, and an evening of cocktails and dinner. Whether you're golfing or just joining us for the reception, it's a chance to support a mission that truly makes a difference.

**Learn more  
by scanning  
the QR code.  
We'd love to  
see you there!**



# Switching Long Term Care Pharmacies Can Seem Daunting.

We understand that if your facility is at a place to make the move, things aren't going the way they should be. Our team members are experts at prescription transferring, facility/pharmacy transitioning, training, and ensuring your pharmacy needs are met with excellence and consistency.

*These are improvements your facility will notice when making the switch to Hudson Regional LTC Pharmacy.*

## **There is no delay.**

Your residents will receive their prescriptions when needed and on time.

## **A friendly voice.**

We listen to your problems and do our best to solve them immediately.

## **LTC nurses can focus on patient care, not pharmacy issues.**

We want your medical staff to do what they do best, care for patients. Your nursing administration staff shouldn't have to worry about pharmacy problems or worry if prescriptions will be delivered.

## **Positive pharmacy experience.**

Our team is here to serve your facility, your staff, and your residents. It's hard to put a value on excellent care until you don't have it.

## **Staff time is spent with residents.**

We don't want your staff stuck on the phone trying to figure out where Medication Administration Records are, or when you will receive them. You can count on MARs to show up the same day every month with Hudson Regional LTC Pharmacy.

## **Training Provided**

We know the process of reordering medications can be burdensome. That's why we supply all of our new facility partners with an ample amount of training on our web portal to fit your needs. Here's what you can expect during the training process:

- Connecting our nurse consultants with your agency's nurses and staff on a Zoom call to introduce one another and the web portal.
- Weekly, monthly, or as-needed trainings.
- A training manual with detailed step-by-step directions of the web portal.
- Access to our nurse consultants and team to troubleshoot any questions.

**With Hudson Regional LTC Pharmacy's Web Portal, reordering medications can be done in only 15 minutes each week!**

**Call Us Today to Discover the Difference in Your Pharmacy Care.**

▶ **(845) 341-2714**



**Hudson Regional**  
LONG-TERM CARE PHARMACY

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