

In the Know with...



Hudson Regional
LONG-TERM CARE PHARMACY

March 2025 • Issue #051



Spring Forward with Care

PLUS

*The Urgent Need for Vaccination Amid Rising Measles Cases
And Best Practices for Body Checks*

Employee spotlight– *Sarah Biaso,* Director of Operations



This month, we're shining the spotlight on Sarah Biaso, our dedicated Director of Operations who has been an integral part of the Hudson Regional LTC Pharmacy family for 14 years.

Sarah genuinely loves her work at HRLTCP, particularly in the pharmacy's mission-driven work. "We help save, improve and extend lives with what we do here and we deliver more personalized care to the patients with ID/DD, that is hard to find a lot of the time," she shares with genuine passion.

When Sarah isn't making sure the pharmacy is running smoothly, she might just be at a concert. Sarah has attended over 100 Dave Matthews Band concerts and over 200 concerts in total – an impressive testament to her love of live music!

Sarah also loves to travel. Over the past few years, she's explored Amsterdam, Turks and Caicos, the Bahamas, the Dominican Republic, and Scotland. Looking ahead, England is next on her travel itinerary this year.

When asked what advice she would give to someone wanting to pursue a career working in the ID/DD community, Sarah offers thoughtful guidance: "It takes a really special person to be able to work with the ID/DD community. You have to be compassionate, selfless, and really want to help people and be an advocate for them. Make sure you're passionate about what you do and that you really enjoy it. It's never just a job."

Sarah's dedication to our mission and her commitment to advocacy for the ID/DD community exemplify the values we cherish at Hudson Regional LTC Pharmacy. We're fortunate to have her leadership and compassionate approach guiding our operations.



A Letter From The CEO

Spring has arrived, bringing with it both renewal and challenges. While we celebrate the season's fresh start, we're also monitoring the concerning measles outbreak that's affecting communities across the country.

Cases continue to spread across 17 states, and as a healthcare organization serving vulnerable populations, we can't help but see this as a call to action. Those we care for often depend on community immunity, making our vigilance all the more critical.

The measles situation reminds us of something fundamental: protecting public health requires collective effort. With approximately 3,000 children worldwide dying annually from this preventable disease, the importance of proper vaccination cannot be overstated. The CDC's recommendation remains clear: two doses of the MMR vaccine for children and at least one dose for adults with uncertain vaccination status.

What makes this particularly concerning for our community is the impact on individuals with intellectual and developmental disabilities, who may already have compromised immune systems. Their protection often depends on those around them being vaccinated, creating a shield of community immunity.

At HRLTCP, we remain committed to providing accurate information and supporting healthcare providers with the resources they need to protect those in their care. If you have questions about vaccinations or medication management, our team is always here to help.

As we navigate these challenges together, I'm grateful for your continued partnership in our shared mission of providing exceptional care to those who need it most.

***Yours in Health,
Angelo Angerame***

**CEO, Hudson Regional
Long Term Care
Pharmacy**



Upcoming Events – Join Us in Supporting Our Community!

Leap for Autism Saturday, May 3, 2025



Do you love adventure? Our CEO Angelo Angerame sure does, and will once again be participating in the annual “LEAP for Autism” skydiving fundraiser benefiting Greystone Programs on Saturday, May 3, 2025.

Angelo is returning to the skies for this thrilling fundraiser that supports services for individuals with autism and other developmental disabilities. When asked about the experience, Angelo shared that it’s “indescribable” and “there’s nothing like it”!

If you’d like to support Angelo’s leap, you can scan the QR code to the right or ask any member of our team for the direct link.

We invite all our Hudson Regional LTC Pharmacy community to join us in supporting these wonderful causes that align with our mission of providing specialized care for those who need it most.

Scan To Learn More



37th Annual Geraldo Rivera Golf Classic – June 9, 2025



We’re proud to announce that Angelo will be honored at the 37th Annual Geraldo Rivera Golf Classic on Monday, June 9, 2025. This prestigious event, hosted by Life’s WORC, will take place at the Crescent Club in Huntington.

Life’s WORC’s mission is to provide services and support that facilitate an independent and fulfilling life experience for people with intellectual disabilities and autism. Hudson Regional LTC Pharmacy has long been committed to supporting this vital mission through our specialized pharmacy services.

The event will begin with registration at 10:00 am, followed by brunch at 10:30 am, a golf shotgun start at 12:00 noon, and cocktails and dinner at 5:30 pm.

This is an excellent opportunity to enjoy a day of golf while supporting a wonderful cause.

If you would like to learn more please Scan the QR code below or ask any member of our team for more info!

Scan To Learn More



Best Practices for Body Checks

As we enter spring, it's an ideal time to review the importance of proper body checks for the individuals in our care. These regular examinations are essential for identifying potential health concerns early, especially for those who may have difficulty communicating pain or discomfort.

Body checks serve as a critical safeguard, helping caregivers identify unexplained bruising, skin conditions, changes in moles, signs of allergic reactions, and ensuring proper fit of medical devices. Always conduct these checks in a private setting with appropriate staff, respecting the individual's dignity throughout the process.

Follow a consistent pattern when conducting checks, typically starting from the head and working down to the feet. Pay special attention to often-overlooked areas: behind the ears, back of the neck, under arms, between fingers and toes, under breasts, skin folds, and buttocks and genital areas (with appropriate protocols).

Documentation is crucial—record the date and time, staff member performing the check, description of any findings, and any action taken. If you identify concerns, report immediately according to your organization's protocols, seek appropriate medical attention when necessary, and monitor for changes.

During spring and summer months, be particularly vigilant for sunburn, insect bites, allergic reactions to seasonal plants, and fungal infections that may develop in warm, humid conditions. Ensure all staff members are properly trained in conducting body checks and understand the importance of consistency and thoroughness.

We're committed to supporting caregivers with the information and resources needed to provide the highest quality care. If you have questions about skin conditions or medication management related to skin health, our team is always available to help.

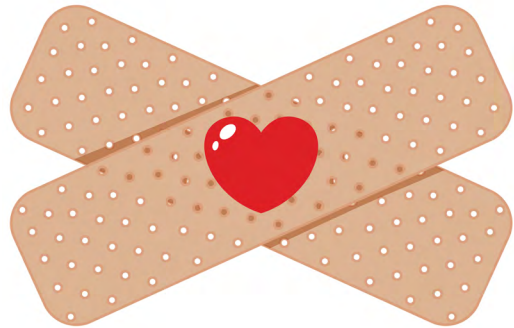


The *Urgent* Need for Vaccination Amid Rising Measles Cases

The recent measles outbreak currently sweeping across Texas and several other states serves as a stark reminder of why vaccination remains one of our most powerful tools for protecting public health. As of March 2025, we are witnessing a troubling resurgence with Texas reporting 309 measles cases since January, including 40 hospitalizations and tragically, one death of an unvaccinated school-aged child. Nationwide, 378 confirmed cases have been reported across 17 states, with health officials warning that the outbreak could persist for up to a year due to declining vaccination rates.

This situation is particularly concerning for our vulnerable populations, including those with compromised immune systems who cannot receive certain vaccinations and rely on community immunity for protection. Measles is one of the most contagious diseases known to humanity. As we've seen in Texas, a single infected person visiting public spaces like the Alamo or Riverwalk can potentially expose hundreds of others. If you're in a room with someone who has measles, you will almost certainly be exposed - that's how contagious this disease is. Despite the availability of a safe, effective vaccine, global measles deaths remain significant, with approximately 3,000 children dying yearly from a preventable disease.

The CDC continues to recommend that all children receive two doses of the MMR (Measles, Mumps, and Rubella) vaccine: first dose at 12-15 months of age and second dose at 4-6 years of age. For adults who aren't sure about their vaccination



status, at least one dose is recommended, with two doses advised for healthcare workers, international travelers, and college students.

The anti-vaccination movement has unfortunately gained momentum in recent years, resulting in many children missing critical childhood vaccinations. This decrease in community immunity is directly linked to the current outbreaks we're seeing. As healthcare professionals, we understand the concerns some may have about vaccinations, but we also have a responsibility to share accurate, science-based information. The MMR vaccine is approximately 97% effective after two doses and has a strong safety record spanning decades.

At Hudson Regional LTC Pharmacy, we remain committed to protecting our community through education and access to life-saving vaccinations. If you have questions about your vaccination status or need more information about protecting yourself and your loved ones, please don't hesitate to reach out to our team. Remember: When we choose to vaccinate, we're not just protecting ourselves - we're protecting the most vulnerable among us who rely on our collective immunity.

What People are Saying About HRLTCP

Your voice matters! Let us know about your experience by emailing aangerame@hrltcp.org. Your input makes a difference!



February 21, 2025

Hudson Regional LTC Pharmacy goes above and beyond!

As a residential agency, medication management is one of our top priorities and HRLTC pharmacy goes above and beyond to ensure an accurate and streamline process. From medication storage solutions to integrating with our electronic medication management systems, they ensure our clients medications supply is delivery without a hitch. Their customizable medical documentation and ease of use online ordering portal helps our nursing team stay on top of medication administration. Angelo, Sarah and the entire team at HRLTC provide the very best in customer service and will always work with us to come up with solutions for any issue, no matter how small. Every phone call is answered by knowledgeable, kind and courteous staff. Having worked as an agency RN with other pharmacies, they are the best pharmacy our agency has used.

Laura H. DePuy, RN

Assistant Director of Nursing
New Horizons Resource, Inc.



Switching Long Term Care Pharmacies Can Seem Daunting.

We understand that if your facility is at a place to make the move, things aren't going the way they should be. Our team members are experts at prescription transferring, facility/pharmacy transitioning, training, and ensuring your pharmacy needs are met with excellence and consistency.

These are improvements your facility will notice when making the switch to Hudson Regional LTC Pharmacy.

There is no delay.

Your residents will receive their prescriptions when needed and on time.

A friendly voice.

We listen to your problems and do our best to solve them immediately.

LTC nurses can focus on patient care, not pharmacy issues.

We want your medical staff to do what they do best, care for patients. Your nursing administration staff shouldn't have to worry about pharmacy problems or worry if prescriptions will be delivered.

Positive pharmacy experience.

Our team is here to serve your facility, your staff, and your residents. It's hard to put a value on excellent care until you don't have it.

Staff time is spent with residents.

We don't want your staff stuck on the phone trying to figure out where Medication Administration Records are, or when you will receive them. You can count on MARs to show up the same day every month with Hudson Regional LTC Pharmacy.

Training Provided

We know the process of reordering medications can be burdensome. That's why we supply all of our new facility partners with an ample amount of training on our web portal to fit your needs. Here's what you can expect during the training process:

- Connecting our nurse consultants with your agency's nurses and staff on a Zoom call to introduce one another and the web portal.
- Weekly, monthly, or as-needed trainings.
- A training manual with detailed step-by-step directions of the web portal.
- Access to our nurse consultants and team to troubleshoot any questions.

With Hudson Regional LTC Pharmacy's Web Portal, reordering medications can be done in only 15 minutes each week!

Call Us Today to Discover the Difference in Your Pharmacy Care.

► **(845) 341-2714**



Hudson Regional
LONG-TERM CARE PHARMACY

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