

# In the Know With



Hudson Regional  
LONG-TERM CARE PHARMACY

June 2022 • Issue #019

# EXCELLENCE



**In This Issue:**  
**We Do It Best**



**PLUS**

- ***Practice Sun Safety With Residents This Summer***
- ***We Took the Leap For Autism***





# Hudson Regional

## LONG-TERM CARE PHARMACY

## Expect More, Worry Less!

### An Accurate & Accountable Barcoding System

At Hudson Regional LTC Pharmacy, we use a barcoding system for accuracy and accountability throughout our entire process. From filling the medications to delivery, we can tell you precisely who works on the orders to who places the medications in the bags for deliveries. While barcoding is a reliable system, we take it one step further with a signature and initial process on each medication before delivering it to a patient.

### Accountability Is A Key Process To Quality Assurance At Our Long-Term Care Pharmacy!



**Call us today to  
Discover the Difference  
in your pharmacy care.**

**845-341-2714**



## A Letter From Our CEO

### What Sets Hudson Regional LTC Pharmacy Apart?

June is always an exciting month as the school year ends and summer begins. For many, that means planning and taking fun trips with family or friends. Wherever you find yourself heading this summer, we wish you safe travels full of fun memories.

During this period, HRLTCP undertakes a rigorous self-examination and review to ensure that our people are taking care of our population using the best and highest standards. We are always mindful about the importance of our services to support the residents, together with the nurses and caregivers of our agency group homes. All of the members of the HRLTCP team do their best to be engaged, assessing the needs and requests of the people we serve, and to respond as quickly and efficiently as possible. When we do objective, measured performance comparisons with others in our field, we truly believe (for a variety of reasons) we are unsurpassed.

**We make sure our patients have what they need when they need it.**

Since we specialize in taking care of a specific patient population, we understand what the

agencies go through, which sets us apart from other long-term care pharmacies. Caring for and understanding the needs of the intellectually disabled and developmentally disabled population makes Hudson Regional LTC Pharmacy unique. We make sure medications are delivered by or before 9 p.m. so people are not disrupted or thrown off from their nightly routine. We meet the needs of these people because it's in our DNA. Our policies and procedures were written by people working in the agencies; they are specifically catered for these houses.

Please know that our staff and the entire team at Hudson Regional LTC Pharmacy are committed to serving your facility and residents with excellence. We are always here to meet the needs of our partners and patients.

***Yours in Health,  
Angelo Angerame***

**CEO, Hudson Regional  
Long Term Care Pharmacy**



**Because, It's the Right Thing to DO!**





# Monkeypox Virus

## What You Need to Know About Monkeypox Virus

A new report from the Centers for Disease Control and Prevention has revealed that scientists are tracking multiple cases of monkeypox in several countries, which don't normally report such infections, including the United States. But since this infection is circulating in the news, we wanted to address it and answer any questions you might have about it.

### *What Is Monkeypox?*

Monkeypox is a rare viral infection that is similar to smallpox. It is found primarily in animals, but can occasionally be transmitted to humans. It's not clear how the recent individuals were exposed to monkeypox but cases include people who self-identify as men who have sex with men. The symptoms of monkeypox are similar to those of smallpox, including fever, rash, and body aches. However, monkeypox is generally less severe than smallpox and has a lower fatality rate.

There is no specific treatment for monkeypox. However, there are antivirals developed for smallpox that may prove beneficial. In some cases, people may require hospitalization for supportive care. There is also a vaccine available for smallpox that may provide some protection against monkeypox. However, this vaccine is not routinely given due to the low risk of infection.

### *What You Should Do:*

Anyone with a rash that looks like monkeypox should talk to their healthcare provider, even if they don't think they had contact with someone who has monkeypox. People who may be at higher risk might include but are not limited to those who:

- Had contact with someone who had a rash that looks like monkeypox or someone who was diagnosed with confirmed or probable monkeypox.
- Had skin-to-skin contact with someone in a social network experiencing monkeypox activity, this includes men who have sex with men who meet partners through an online website, digital application ("app"), or social event (e.g., a bar or party).
- Traveled outside the US to a country with confirmed cases of monkeypox or where monkeypox activity has been ongoing.
- Had contact with a dead or live wild animal or exotic pet that exists only in Africa or used a product derived from such animals (e.g., game meat, creams, lotions, powders, etc.).



## Surviving Seasonal Allergies

Seasonal allergies are a common problem for many people and are caused by pollen in the air. These pollens can trigger symptoms including sneezing, coughing, and watery eyes. If you're one of the millions of Americans who suffer from seasonal allergies, don't worry - we've got you covered. We'll share how you can ease your symptoms so you can get back to enjoying your life.



### *The Effects of Pollen*

Pollen is one of the most common allergens in the world. It's a fine powder that's released by trees, flowers, and grasses. When pollen enters your nose, it can trigger an allergic reaction. Symptoms include sneezing, coughing, watery eyes, and a runny nose. If you have pollen allergies, you're not alone. In fact, according to the Asthma and Allergy Foundation of America (AAFA), about 30% of adults and 40% of children in the United States suffer from some form of allergies.

### *Ways to Ease Allergy Symptoms*

1. Stay indoors on days when pollen counts are high.
2. Taking over-the-counter medications such as antihistamines to help reduce sneezing, itching, and watery eyes.
3. Shower and change your clothes after being outdoors to remove any pollen that may be clinging to your skin or clothing.

Please know that if you or one of your residents has severe allergies, you may need to see an allergist for prescription medication. No matter your pollen allergy, we hope these tips will help you get through the peak of seasonal allergies so you will have some relief.



## CEO Angelo Angerame, Took the Leap for Autism AGAIN and raised \$7,600!



Congratulations to Greystone Programs, Inc. for hosting another successful Leap for Autism event! Hudson Regional LTC Pharmacy's CEO, Angelo Angerame, leaped AGAIN to support Autism at Skydive the Ranch in Gardiner. Not only did he jump out of an airplane, but team Angeloneyfullabaloney also raised \$7,600 to support Greystone's mission and have a greater impact on the community!

Greystone Programs, Inc. raised a total of \$80,740 this year to provide life-enriching programs for children, adults, and families with Autism and other developmental disabilities.

*Spotlight your next ID/DD philanthropy event in our next newsletter or on our website!  
Submit your information on <http://www.hrltcp.org>*

## Staff Spotlight

**Meet Andrew!** He has worked at HRLTCP for 5 years.

### What is a day in the life of the Purchasing & Inventory Agent like?

I purchase medications we need for the next day at the lowest possible price for our patients. For example, I work with pharmaceutical giants and their representatives—9 to be specific— to handle ordering 8,000 different types of medications.

### What does the medication purchasing process entail?

The barcoding system that Hudson Regional LTC Pharmacy uses allows reordering levels to be set. When they hit below a level, it triggers a notification to reorder. This helps in so many ways—ordering, fulfilling, and accuracy.

### What is something you enjoy about working at Hudson Regional LTC Pharmacy?

There is always a new task to tackle, and it keeps you sharp.

### Tell us something about yourself.

In my spare time, I make music electronically. It's fun, and I'm learning as I go.



**Andrew Bogert**  
Purchasing & Inventory Agent

*"We fill 25,000 prescriptions weekly and only keep a 3-day supply of medications on our shelves! Andrew helps keep our medications stocked and keep our prices low."*

~ CEO, Angelo Angerame



## Practice Sun Safety With Residents This Summer

Summertime is a great time to take your residents on day trips to the lake, pool, park, or even the beach. Before you kick off any fun in the sun activities this summer, don't forget to lather everyone up with sunscreen. All it takes is 15 minutes of being exposed to sunlight for the ultraviolet (UV) rays to damage skin and increase the risk of skin cancer. While you can't see UV rays—which are invisible—your skin can certainly be exposed to the radiation from the sun causing damage to your skin cells.

If you're outside on a hot summer day but it's cloudy or overcast, don't be fooled; UV rays can still reach you. In fact, clouds can only block out about 20% of the sun's UV rays. That means that 80% of those harmful rays are still getting through, putting you at risk for skin damage.

### Always Apply Sunscreen

One of the best ways to take care of yourself (and your residents) this summer is to apply sunscreen often. It helps to protect the skin from damage caused by the sun's UV rays. Too much UV exposure can lead to premature aging, wrinkles, and sunspots, and it can increase the risk of skin cancer.

- The American Academy of Dermatology recommends using a sunscreen with an **SPF of 30** or higher and applying it 15 minutes before going out into the sun.
- Sunscreen should be reapplied **every two hours**, or more frequently if you are sweating or swimming.
- For optimal protection, it is important to use a **broad-spectrum sunscreen** that blocks both UVA and UVB rays.

By taking these precautions, you can help to protect your skin from the harmful effects of the sun. While you should always apply sunscreen when you're outdoors, UV rays tend to be the strongest from 10 a.m. to 4 p.m., according to the Centers for Disease Control and Prevention (CDC).



# Because, It's the Right Thing to DO!

# What **You Need** is Less Time with Pharmacy Care and **More Time** to Provide **Direct Patient Care**. WE CAN HELP! **Switching is as easy as...**



## **1** Have a Discovery Call with Us & Your Director of Nursing

Call us at: **845-341-2714**

## **2** Allow Us to Schedule an On-Boarding Call with Our Transition Team

## **3** Sit Back & Relax :)



**Hudson Regional**  
LONG-TERM CARE PHARMACY



**Rx**      Date \_\_\_\_\_  
Patient **Dir of Nursing &**  
Address **Exec. Director**

---

Prescription: **Hudson Regional  
Long Term Pharmacy**

- **Service That Means A Smile**
- **All Deliveries Before Resident Bedtimes**
- **We Take Care Of You, So You Can Take Care of Patients**

*Because... It's the Right Thing to Do*

Refil 0 1 2 3 4 5      Permission \_\_\_\_\_



**Hudson Regional**  
LONG-TERM CARE PHARMACY

280 Rte 211 E, Suite 112, Middletown, NY 10940  
[www.hrltcp.org](http://www.hrltcp.org) • [info@hrltcp.org](mailto:info@hrltcp.org) • P: 845-341-2700 • Fax: 845 341-2715