

# In the Know With



Hudson Regional  
LONG-TERM CARE PHARMACY

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**Stand Up and Be Counted!**

**PLUS**

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## Celebrating Nurses Week May 6 – 12

### Nurses Make a Difference!

National Nurses Week is a time to celebrate and acknowledge nurses for their hard work. This honorary week allows us to appreciate how nurses care deeply for patients and families. During National Nurses Week, we encourage you to celebrate the profession of nursing and all that nurses do to make a difference in the lives of others. Let us take this week to thank them for their dedication and service.

*Nurses are essential, work hard, and advocate for their patients!*

#### Ways to celebrate National Nurses Week

- ♥ Write a heartfelt letter of encouragement or thank you note to share how much you appreciate their hard work and efforts.
- ♥ Treat your nursing staff to a catered lunch. A surprise meal is always a great gesture of gratitude.
- ♥ If you're eligible to give blood, consider doing so. It's an easy way to help ensure healthcare systems have the blood they need. Just one donation can help save the lives of up to three people.
- ♥ Bring in their favorite coffee or tea beverage during a shift.

#### Share about #NursesWeek on social media

Share your nurses' stories or your agency's appreciation across social media during National Nurses week with #NursesWeek and #MyYearMyStory.



#NursesWeek



#MyYearMyStory

## A Letter From Our CEO

### Stand Up and Be Counted!

For those who have been around Hudson Regional Long-Term Care Pharmacy for a while, you might notice that we are enthusiastic supporters and participants when it comes to supporting agencies that care for the intellectual and developmentally disabled community. If we are asked to support an agency's event, cause, or fundraising event, we like to get involved and also be present. Why? We believe that personal participation is a great opportunity to meet the families and supporters of the agencies caring for these individuals. We want to see these organizations have successful outcomes with these events and in running their programs.

For some, showing support can be a monetary amount, but I believe that getting involved by giving your time also has a huge impact. For example, Hudson Regional LTC Pharmacy started as a provider for Greystone Programs, Inc. I became involved as a board member. I am now the board president. Also for the past two years, I have jumped out of planes (literally) to show my support for Greystone Programs! I went from being the new kid on the block to raising more money individually than anyone else for Leap for Autism. I do it because I can. When my kids were growing up, I would say to them, "for those who are given many gifts, many things are expected."

I believe there are some things that I am good at, and coincidentally if the things that I am good at are going to benefit the people who get services from this pharmacy, I feel it's a moral imperative to do it.

I really like the people who work at the agencies we serve, and I'm talking about the people performing the work each day. They are kind-hearted, good people you want to be associated with. They are interested in making sure that everyone has the opportunity to reach their full potential. And we want to support those people caring for the ID/DD community and the individuals receiving services from our agency partners. We believe in making a difference, so we are enthusiastically involved. Please know that our staff and the entire team at Hudson Regional LTC Pharmacy are committed to serving your facility and residents with excellence. We are always here to meet the needs of our partners.

*Yours in Health,  
Angelo Angerame*

**CEO, Hudson Regional  
Long Term Care Pharmacy**



**Call us today to  
Discover the Difference  
in your pharmacy care.**

**845-341-2714**

**Because, It's the Right Thing to DO!**

## New York State Passes 2022-2023 Budget Legislation

Governor Kathy Hochul announced in April that the passed FY 2023 budget would bring long-term stability to New York by investing in our future while also providing significant one-time aid for COVID-19 relief and fiscal responsibility. This historic state budget focuses on:

- \* Rebuilding the healthcare economy
- \* Building the education system of the future
- \* Reducing the tax burden for those who need it most
- \* Improving the state's transportation and housing infrastructure
- \* Combating climate change
- \* Job creation
- \* Making improvements in public safety and ethics in government

As a pharmacy provider, we are delighted to see this budget focused on rebuilding our healthcare economy and creating better work conditions for healthcare workers. There is a historic \$20 billion multi-year healthcare investment included in the FY 2023 State Budget, including:

- \* \$1.2 billion is set aside for bonuses that will go to frontline healthcare workers
- \* A \$4.5 billion multi-year investment in payment reform
- \* \$2.4 billion is designated for healthcare infrastructure
- \* \$3.9 billion will provide aid to hospitals that are financially struggling from the COVID-19 pandemic
- \* Over the next four years, \$7.7 billion will be spent to increase the minimum wage by \$3 for home care workers

The Governor is also committed to investing in growing the workforce by 20 percent over the next five years while improving the healthcare industry. With the new forecast of revenue and surpluses, Governor Hochul's proposal for FY 2023 is now estimated at approximately \$221 billion.

### Coming Soon! One \$1,000 Scholarship Available for BSN or MSN Students

We are excited to announce that Hudson Regional LTC Pharmacy is soon offering one \$1,000 scholarship to registered nurses (RN) working in New York State in the intellectual/developmental disabilities nursing field and are enrolled in a program toward a bachelor's or master's degree in nursing.

"Nurses are always heroes! We want to celebrate them and help elevate people who want to invest in their future," said Angelo Angerame, Hudson Regional LTC Pharmacy CEO. "While we may not be in the facilities we serve, we believe we are members of the care team. We want to support all of the different team members, and one way we can do that is with this \$1,000 scholarship."



## Protect Your Residents from Ticks!

Tick and allergy season is upon us, and it's important that your agencies are prepared. Since ticks can carry a variety of dangerous diseases, it's crucial to take precautions against them. We're sharing ways you can protect your residents against ticks and what to do if someone gets bit by one. Stay safe (and healthy) this spring season by following these tips.

### What are Ticks?

Ticks are small, parasitic creatures that attach themselves to the skin of their host to feed on their blood. While feeding, they can transmit dangerous diseases, such as Lyme disease, Rocky Mountain spotted fever and Tularemia. Ticks are most active during the spring and summer months, so it's important to be extra vigilant. There are a few simple steps to protect yourself against ticks.



1. Avoid areas where ticks are known to live, such as wooded areas with long grasses. If you must go into these areas, wear long pants and long sleeves to keep your skin covered.
2. Use an insect repellent that contains DEET or permethrin. Be sure to apply it according to the instructions on the label.
3. Conduct a full-body tick check after spending time in an area where ticks might be present.

### We Found a Tick on a Resident, Now What?

If you find a tick on your resident's body, don't panic; you can take steps to remove it safely. Use fine-tipped tweezers to grasp the tick as close to the skin's surface as possible. Next, pull the tick away from the skin with a steady, even motion. Avoid crushing the tick, as this could cause its disease-carrying fluids to be released into your body. Finally, clean the bite area with soap and water and disinfect the tweezers with rubbing alcohol.

### Report Tick Bites A.S.A.P

If your resident gets bitten by a tick, it's important to seek medical attention as soon as possible. Tell your doctor about the bite, when it occurred, and where you were when you got bit. Your doctor will likely order a blood test to check for Lyme disease and other tick-borne illnesses. If you catch the illness early, it can be treated successfully with antibiotics. Tick season is nothing to take lightly, but you can stay safe this year by following our simple tips!

## Upcoming Philanthropy Events

### 40th Annual Humanitarian Awards Brunch

The Arc Mid-Hudson Foundation is hosting its annual Humanitarian Awards Brunch this month at the Ole Savannah Southern Table and Bar in Kingston, NY. The Humanitarian Awards Brunch recognizes local individuals and businesses that have provided exceptional support to The Arc Mid-Hudson. The following people and businesses will be honored during this brunch for their effort and support of the Arc Mid-Hudson Foundation.

- 🏆 Humanitarian of the Year: Dave Amato and Ole Savannah Southern Table and Bar
- 🏆 Heart of Gold: The Leandro P. Rizzuto Foundation
- 🏆 Jack Deyo Award for Advocacy: Chrissy Biergans
- 🏆 Employer of the Year: Potters Table
- 🏆 Employee of the Year: Danielle Beesimer
- 🏆 Personal Achievement Award: John Paul Cante



**Date:** Sunday, May 22nd, at 12:00 pm

**Location:** Ole Savannah Southern Table and Bar in Kingston, NY

**Tickets:** To purchase tickets for this brunch, visit [arcmhfoundation.org](http://arcmhfoundation.org).

**About:** The mission of the Arc Mid-Hudson Foundation is to engage people who care about improving quality life for individuals with intellectual disabilities by providing opportunities and events.

*If you want your upcoming philanthropy event that benefits the ID/DD community listed in our next newsletter or on our website, please let us know so we can feature it.*

### 27th Annual Catskill Cup

The Arc Greater Hudson Valley New York is proud to host its 27th annual Catskill Cup at Villa Roma Resort on July 17, 2022. This organization's annual fundraising event supports people with unique abilities to live as valued and contributing members of the community. If you are interested in golfing or becoming a sponsor, be sure to check out the details below.

**Date:** Sunday, July 17, 2022 starting at 11 a.m.

**Location:** Villa Roma Resort – 356 Villa Roma Rd, Callicoon, NY 12723

**Schedule:**

- 11 a.m. - Registration
- 11:30 a.m. - Putting contest and BBQ lunch
- 12:30 p.m. - Start of tournament
- 6 p.m. - Awards & cocktail hour



Registration and sponsorships: To register for this event or to become a sponsor, visit [arcghvny.org](http://arcghvny.org). You can also contact Nicole Morris at [nmorris@arcghvny.org](mailto:nmorris@arcghvny.org).



Angelo Angerame pictured with Victoria Schneps-Yunis and Lynne Koufakis.



### Celebrating 50 Years of Life's Worc

Our CEO Angelo Angerame attended Life's WORC 50th Anniversary Gala, held on April 1st at the Garden City Hotel. It was wonderful to celebrate 50 years of Life's WORC, a nonprofit organization that supports people with intellectual and developmental disabilities. The gala event honored Victoria Schneps-Yunis, Life's WORC Founder, and Geraldo Rivera. Lynne Koufakis is the chairperson of the board of directors for Life's WORC.

*"Life's WORC has enjoyed a long-time relationship with Hudson Regional LTC Pharmacy and CEO, Angelo Angerame. As a not-for-profit agency that supports individuals with special needs, we rely on prompt and professional service. Hudson Regional delivers that on a consistent basis. We also appreciate their generous support of the work we do."*  
Interim CEO – Matthew Zebatto



Angelo Angerame pictured with George Gadalla, Dir. of Clinical Svcs. for CRISI.



### The Urban Farm Project Spring 2022 Kick Off Event

Our CEO Angelo Angerame attended The Urban Farm Project Kick Off Event. It's amazing how CRISI utilizes its' main campus property to set up an urban gardening program that teaches skills for sustainable and healthy lifestyles to people with intellectual disabilities and Autism.

The program is designed to prepare participants for work opportunities in nurseries, local landscaping businesses and other community gardens. The overall goal is to teach life-long skills to participants while providing vocational training and meaningful work opportunities.



**Because, It's the Right Thing to DO!**

What **You Need** is Less Time with Pharmacy Care and **More Time** to Provide **Direct Patient Care**. WE CAN HELP!

**Switching is as easy as...**



**1** Have a Discovery Call with Us & Your Director of Nursing

Call us at: **845-341-2714**

**2** Allow Us to Schedule an On-Boarding Call with Our Transition Team

**3** Sit Back & Relax :)

 **Hudson Regional**  
LONG-TERM CARE PHARMACY

**Rx** \_\_\_\_\_ Date \_\_\_\_\_  
Patient **Dir of Nursing &**  
Address **Exec. Director**

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Prescription: **Hudson Regional  
Long Term Pharmacy**

- **Service That Means A Smile**
- **All Deliveries Before Resident Bedtimes**
- **We Take Care Of You, So You Can Take Care of Patients**

*Because... It's the Right Thing to Do*

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**Hudson Regional**  
LONG-TERM CARE PHARMACY

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