In the Know With



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Make A Difference With A Giving Heart!

Get Involved with Local



PLUS

Seamlessly Switch Pharmacies in Just 6 Weeks! Breaking Down What We Know About the Delta Variant Thank You Assemblymember Thomas Abinanti from Dist. 92

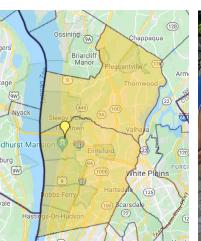


Thank You Assembly member Thomas Abinanti for Supporting the ID/DD Community in Dist. 92

Recently, Angelo Angerame, CEO of Hudson Regional LTC Pharmacy, got to meet and spend time with Thomas Abinanti, Assemblymember for Assembly District 92. Abinanti is the Chair of the Committee for People with Disabilities. "He is a tremendous ally for people with disabilities, and he really cares," said Angerame. "Thomas wants to know from us (advocates for the intellectually and developmental disabled) what would help the ID/DD community so he can go to the legislature. He's a very nice guy."

Abinanti recently attended the Community Living Corporation Golf Tournament and the Arc Mid-Hudson Luncheon to discuss challenges related to the community. Abinanti advocates for children with special needs, and also has a son who has Autism.

Thank you Assemblymember Thomas Abinanti for all you do for the adults and children with disabilities.









Call us today to Discover the Difference in your pharmacy care.

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WE BELIEVE IN MAKING DIFFERENCE

A Letter From Our CEO

Supporting Those We Care About

A lot can happen in a month, and things can sure change quickly. While we thought we saw Covid in the rearview mirror, it now seems like the headlights are getting closer to us. We hoped the pandemic was over, but it doesn't look like it is. This Delta variant is much more transmissible, and there have been numerous breakthrough cases. We cannot stop being vigilant and need to be so careful because this variant is spread so easily. We need to do what we've been doing the past year and a half before restrictions started to lift by avoiding crowded places and staying at home when possible.

In this month's issue of the In The Know, we share three upcoming fundraising events that support two of the agencies we serve. At Hudson Regional LTC Pharmacy, we don't just write a check to show our support for philanthropy, we jump out of planes when our agency partners ask us to. Sound wild? That's how much we care! On October 2nd, I'll be participating in Leap for Autism to support Greystone Programs' annual fundraising event. Be sure to look out in the next newsletter issue for photos.

We know the funding needs that go into taking care of the ID/DD community. These people require a lot of resources, and people often don't want to give them resources. In fact, did you know most Medicare dollars go towards taking care of people that need long-term care, be it a nursing home or group homes like we serve? That care starts when people are children and goes into their adult life. It also requires funding, which is why we are happy to support our agency partners that work tirelessly to provide the best

care for the developmentally disabled. These people are full of potential, and they want their lives to have meaning like the rest of us.

On another note, I would just like to say that the people who work in these agencies are really called to a thankless job where everything they do is guestioned; there is no room for human error, and they are constantly second-guessed. It takes a special kind of person who has a calling to this field of work. We know how hard the administrators, nursing staff, and employees work and how they always put their residents' needs first. During Covid last year, it's like the days never ended for staff. The burdens the nurses carry are heavy in providing direct care to people in group homes. We wanted to take a moment to acknowledge all of the ID/DD care staff and thank you because your work makes a difference.

We want to see everyone we serve reach their fullest potential and with your help and care, people living in group homes have that opportunity.

Don't forget, our team is always here to serve you. Please reach out with any questions or if we can help in any way.



Yours in Health,
Angelo Angerame
CEO, Hudson Regional
Long Term Care Pharmacy

Industry News





New Horizons Resources, Inc.

Make a Difference with a Giving Heart

Three Upcoming Local Philanthropy Events At Hudson Regional LTC Pharmacy, we love to support our agency partners with all of their prescription needs along with their philanthropy efforts. Check out these three upcoming events that you can support or be a part of for three of our wonderful agency partners, Greystone Programs, The Arc Greater Hudson Valley, and New Horizons Resources, Inc..

The 2021 Bill Volpe Golf Classic

Join The Arc Greater Hudson Valley for their annual Bill Volpe Golf Classic at the exclusive Powelton Club in Newburgh, NY. This fundraiser will benefit people with developmental disabilities. The Arc Greater Hudson Valley is a not-for-profit organization that serves more than 2,000 children and adults with developmental and/or intellectual disabilities in Orange, Dutchess, and Sullivan Counties

Visit www.arcghvny.org to learn more about the Bill Volpe Golf Classic.

Date: Thursday, September 30 **Location:** Powelton Club in Newburgh, NY

Schedule:

- 10:30 AM 12:00 PM BBQ Lunch & Registration
- 12:00 PM: Call to Carts
- 12:30 PM: Tee Off
- 5:30 PM: (Last Golfers arrive)
 Extended open bar with hors
 d'oeuvres outdoors on the patio.

New Horizons Resources Inc. 2021 Annual Invitation Golf Tournament Join New Horizons Resources, Inc. for their annual Golf Tournament at the exclusive Powelton Club in Newburgh, NY. The tournament is a fundraiser and celebration of our mission to enable the people we support to live fulfilling lives in their local communities.

Date: Monday, October 4

Location: Powelton Club in Newburgh, NY



EAP-SAUTISM Saturday October 2, 2021 Skydive the Ranch, Gardiner, NY (Rain/Wind Date Saturday, October 16, 2021)

Hudson Regional LTC Pharmacy CEO to Leap for Autism



Angelo Angerame

CEO, Hudson Regional Long Term Care Pharmacy

Greystone Programs is inviting the community to be a champion for autism in the air or from the ground. Whether a tandem or virtual skydiver, take to the sky for an exhilarating adventure of a lifetime while giving back to and raising awareness for a great cause. Greystone Programs has a goal of raising \$59,000 to provide life-enriching programs to children, adults, and families with Autism and other developmental disabilities.

Date: Saturday, October 2, 2021*

Location: Skydive the Ranch, Gardiner, NY

Come out for the Leap for Autism event that is fun for all ages with music, food, craft beer, raffles, and the freefall.

*Please note, this event may be postponed due to rain and wind. Before you leave for the Ranch, please call 845-452-5772 to ensure that there hasn't been a cancellation.

Breaking Down What We Know About The Delta Variant

Just as people were starting to put
Covid-19 in the rearview mirror, a much more
highly contagious variant is spreading across
the country. The Delta variant, SARS-CoV-2
virus strain, is described by the Centers for
Disease Control and Prevention (CDC) as more
contagious than previous strains and may cause
more than two times as many infections.

Since viruses constantly change through mutation, variants are expected to occur with any virus. Some variants can simply disappear while others can emerge, persists, and spread. The original variant that caused the initial Covid-19 cases in January 2020 is no longer circulating since newer variants have increased, according to the CDC.

Here's what we know about the Delta variant from the latest updated guidance from the CDC.

- There is new data that suggests that the Delta variant could cause more severe illness than previous strains to those who are unvaccinated compared to the original virus strains.
- Unvaccinated people are much more likely to contract and transmit the Delta variant virus.
- Symptomatic breakthrough infections can happen to fully vaccinated people and the virus can be transmitted.
- The CDC is continuing to assess whether fully vaccinated people with asymptomatic breakthroughs can transmit the virus.
- Fully vaccinated people appear to be infectious for a shorter period of time.

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Welcome Aboard

We are excited to announce the newest agency that HRLTCP will begin serving in October: Community Resources Staten Island. This organization is one of the largest residential services programs in New York City with 15 community residences and six supportive apartments. (And also, the first agency we get to serve on Staten Island!)

"You made us smile!"

"We know what we want, and Hudson Regional LTC Pharmacy's service is predictable and reliable."

- Leadership Team at CRSI

Communicating and Caring for the Intellectual and Developmentally Disabled

We know it's hard for residents to establish a new normal, especially during the pandemic. As things seemed to improve with the rollout of the vaccines, restrictions began to lift allowing our friends with ID/DD to return to some of life's routine pre-pandemic. But now with the new Delta variant, your facility might be changing protocols again. We wanted to share some helpful tips from the CDC for your staff, nurses, and caregivers to help residents feel at ease as much as possible with the unknown of the virus still lingering.

1. Share the actions you are doing to stay safe.

When you go to wash your hands or put on your mask, try to point out these steps you're doing to stay safe: "I'm putting on my mask before we go outside or into public places."

2. Show empathy when you acknowledge hard things.

Wearing a mask, staying distanced, and getting a vaccine shot can be hard for people with ID/DD and sensory challenges. Listen and show that you understand what they're going through. Offer to help your residents find a mask that feels more comfortable or remind them that about safe steps to take to keep everyone healthy.

3. Gently give safe distance reminders.

Remind those you care for that it's important to keep a safe distance if you're going out into public. A gentle reminder for a resident (until two weeks after their final vaccinations shot) could sound like, "when we go out into public, we need to keep a safe distance between yourself and other people."

4. Ease their worries.

If the person you care for mentions they are worried or feel anxious about Covid-19, listen thoughtfully especially since there is so much out of all of our control. Ease their worries by reminding them they can get a Covid-19 vaccine, wear a mask, wash their hands frequently, and keep a safe distance until they are fully vaccinated.



When you switch to Hudson Regional Long-Term Care Pharmacy, we do all of the heavy lifting for you.

The process is smooth and seamless with HRLTCP. Here's what you can expect from our team during the 6-week transition time.....

- Collect all of the demographic information about the agency, including all of the locations and buildings.
- Build out the medical records by gathering all the demographic information on all of the patients including name, date of birth, any medication allergies, and insurance information.
- Request copies of the medication administration records (MARs) from the agency that includes any diagnoses for each patient, the medications they're on, and directions for us. [We'll even come and copy MARs at your facility if this is easier!]
- Use all of that information to build a profile for each resident.

 All of the prescribers are contacted so our team can receive hard copy prescriptions or

electronic prescriptions.

 Offer training so agency staff can become familiar with our processes and web portals, which is a main form of communication.

"We make it as painless as possible for the agency and its staff!"

Every agency has problematic cases and at HRL-TCP, we try to turn those problems into strengths. We make sure everyone has the tools they need to make sure everyone is getting taken care of.



What You Need is Less Time with Pharmacy Care and More Time to Provide Direct Patient Care. WE CAN HELP!

Switching is as easy as...

1 Have a Discovery Call with Us & Your Director of Nursing

Call us at: 845-341-2714

- Allow Us to Schedule an On-Boarding Call with Our Transition Team
- **3** Sit Back & Relax:)







Patient Dir of Nursing &

Address Exec. Director

Hudson Regional
Long Term Pharmacy

- Service That Means A Smile
- All Deliveries Before Resident Bedtimes
- We Take Care Of You, So You Can Take Care of Patients

Because... It's the Right Thing to Do

Refil 012345

Permission

